



EuroVelo 8

# Welcome to the Mediterranean Route!

**FROM ANDALUSIA TO CYPRUS:**  
7,500 KILOMETRES OF CYCLING THROUGH  
WORLD FAMOUS DESTINATIONS,  
WILD NATURE &  
HIDDEN BEACHES



[www.eurovelo8.com](http://www.eurovelo8.com)



Welcome to



# EuroVelo 8 Mediterranean Route!

AQUILEIA, FRIULI VENEZIA GIULIA, ITALY

Photo: Giulia Cortesi



GACKA RIVER, CROATIA



Photo: Ivan Sardi/CNTB

Dear cyclists,

FOREWORD

Discovering Europe on a bicycle – the Mediterranean Route makes it possible! It runs from the beaches in Andalusia to the beautiful island of Cyprus, and on its way links Spain, France, Italy, Slovenia, Croatia, Montenegro, Albania, Greece, Turkey and Cyprus. This handy guide will point the way!

Within the framework of the EU-funded “MEDCYCLETOUR” project, the Mediterranean Route is being transformed into a top tourism product. By the end of the project, a good portion of the route will be signposted along the Mediterranean Sea. You will be able to cycle most of it simply following the EuroVelo 8 symbol!

This guide is also a result of the European cooperation along the Mediterranean Route. We have broken up the 7,500 kilometres into 15 sections and put together cycle-friendly accommodations, bike stations, tourist information and sightseeing attractions – the basic package for an unforgettable cycle touring holiday.

All the information you need for your journey can be found via the transnational website – [www.eurovelo8.com](http://www.eurovelo8.com). You have decided to tackle a section? Or you would like to ride the whole route? Further information and maps, up-to-date event tips along the route and several day packages can also be found on the website.

We wish you a lot of fun reading this guide and hope we are able to inspire you to go on a journey with a sea view. Discover Europe on two wheels!

The publisher







SLOVENIA



Photo: Luka Esenko/CNTB

ZADAR, CROATIA



Photo: Pere Duran

CATALONIA, SPAIN



LEMESOS, CYPRUS

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# Enjoying Europe

FRANCE



## JOURNEY IN TIME

Embedded in the landscapes, the Mediterranean's inviting cultural history is perfect for a tour of discovery. Lining the route are no fewer than 23 UNESCO World Heritage sites – from the Alhambra de Granada to the Fortifications of Vauban in France, from the town of Mwantua/Ferrara to the Roman archaeological area and Basilica of Aquileia in Italy, from Croatia's sites such as the Euphrasius Basilica in Poreč, Diocletian Palace in Split, historical core of Trogir and Dubrovnik Old Town to the Neolithic settlement of Choirokoitia in Cyprus. Romans and Moors, architects of all periods and styles have all left their mark on the shores of the Mediterranean Sea. Mighty fortresses, magnificent churches and cathedrals and historical villages, towns and cities all look to the sea and give one an idea of what life was like in past centuries and in the various civilizations that succeeded each other all around the Mediterranean Sea, from the Etruscans to the Romans, from the Moors to the Spanish Empire, all leading today to the European Union.

Let history come alive!



Photo: Giulia Cortesi  
AQUILEIA, FRIULI VENEZIA GIULIA, ITALY

The countries along the Mediterranean Sea all share something in common: a Mediterranean feeling unites countries as far away from each other as Spain, Croatia and Cyprus. Along the route, cycle tourists will discover all kinds of cultural highlights, immerse themselves in European history and savor regional delicacies. They will also marvel at the unique natural heritage bordering the Mediterranean Sea.

From the southernmost tip of the Iberian Peninsula to an island at the crossroad of three continents. A tour along the Mediterranean Route takes in the diversity of the Mediterranean's landscapes. In places, the route leaves the seashore when crossing northern Italy West to East in the Po river valley, but it goes back to the sea along the Adriatic coast near Venice. The Mediterranean spirit is palpable in every historical village and hill.



## JOURNEY THROUGH CULTURE

The Mediterranean Sea and the regions that surround it are a gallery and studio at one and the same time. Numerous works of art bear witness to the differing eras; prestigious art museums are ideal for a stroll in between paintings, objects and installations; while churches and historical buildings show proudly their original architectures. For poets and thinkers, composers and columnists, the Mediterranean Sea and the surrounding areas have always been an

exhaustible source of inspiration; numerous sagas, songs and legends are associated with the seaside landscape and are handed down from generation to generation. How about some examples? There's for instance the Côte d'Azur in France, renowned for its splendor and its 'Belle Époque' architecture, the Egyptian Museum in Turin and the Fortress castle of Patras in Greece.

Let your fantasy run free among the Mediterranean marvels!



## JOURNEY ENJOYING GOOD FOOD

From culture to gastronomy; a cycle tour will quickly become an experience for gourmets. There are as many differences between the culinary specialties that you can find along the Mediterranean Sea as between the people and cultures. How about delicious tapas with gazpacho at a Spanish terrace, a Greek moussaka or fresh fish from one of the many coastal fishermen villages? And you cannot miss the finest cheeses of Mantua, Parmigiano Reggiano and Grana Padano. A lovely glass of wine is also naturally a must – lining the Mediterranean Sea are many wine growing regions like Piedmont, Friuli Venezia Giulia, Slovenia and Kvarner - perfect to combine with truffles and olives in Piedmont and Istria. Croatia's Pelješac peninsula offers a selection of white and red wines of extraordinary quality such as dingač and postup, while the town of Ston is famous for its oysters. Settle down to some nice food and refuel for the next stage!

Just enjoy!



Photo: Ivan Šardi / CNTB  
ROVINJ, CROATIA



CADIZ, SPAIN

## JOURNEY THROUGH NATURAL MARVELS

The Mediterranean Sea is home to numerous incredible natural places, and the best way to explore them is by bike. The southernmost tip of Iberia in Spain marks the point at which the Mediterranean meets the Atlantic. In France, cycle through the lavender fields of Provence, a haven of colour, smells and feeling. In Italy, you will meet a small corner of paradise and biodiversity at the best Italian bird-watching area at Foce Isonzo-Cona Island. You can cycle in the national parks, such as Krka National Park and Vrana Lake Nature Park in Croatia, the Natural Park of Mincio in Italy and the Skočjan Caves

Regional Park in Slovenia, with the largest discovered underground chamber in Europe and one of the largest in the world. Slovenia also features ancient salt works which are home to 150 bird species, making it a heaven for ornithologists. And if you are still ready for more water, do not miss the Blue Eye water spring and Albania and its clear blue water, nor the large freshwater Lake Skadar between Montenegro and Albania.

Let the Mediterranean region's diversity  
amaze you!



SLOVENIA



ARGELÈS-SUR-MER, FRANCE



Photo: Giulia Cortesi

FERRYBOAT IN TRIESTE, FRIULI VENEZIA GIULIA, ITALY



# Follow the EuroVelo 8 ...

The Mediterranean unites the south of Europe. While the sea extends uninterrupted from Spain to Cyprus, on land there are still administrative borders. Therefore, the signing of the Mediterranean Route differs from country to country or from federal state to federal state respectively.

As part of the project, the route is being signed in the project partners' regions, using the EuroVelo 8 route information panel as an easily recognisable common element. The logo is often incorporated within the existing signage of the respective country, but in some locations new signs are installed.

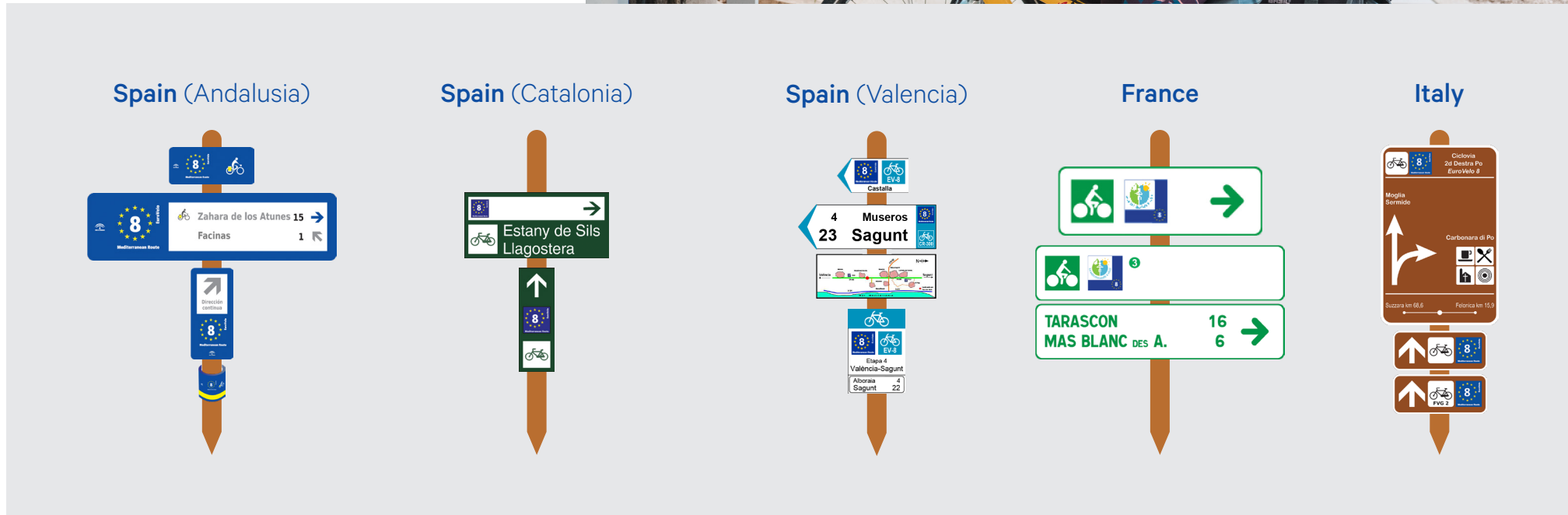






Photo: Jean-Claude Martinez  
CATALONIA, SPAIN



VALENCIA, SPAIN



FRANCE

### EuroVelo 8 route information panel

The basic route information panel for EuroVelo 8 features the Council of Europe blue background and yellow stars with the route number. Additional variants include the route name and EuroVelo or EuroVelo.com wording. There is also a frame variant that can integrate national route branding.



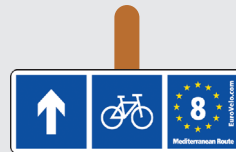
### Slovenia



### Croatia



### Greece



### Turkey (Izmir)



CROATIA



IZMIR, TURKEY



# One click on to the route

The Mediterranean Route at a glance: the [www.eurovelo8.com](http://www.eurovelo8.com) website presents all the tourist highlights between the southernmost tip of the Iberian Peninsula to the beautiful island of Cyprus. It also provides an overview of the services along the way.

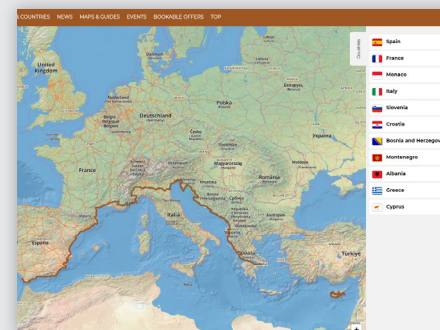


The website is the first cross-border platform for the whole Mediterranean Route. The site includes information about each section as well as selected ideas for tourists. It uncovers highlights along the way like natural and cultural sites of interest, museums and ports as well as culinary specialties.

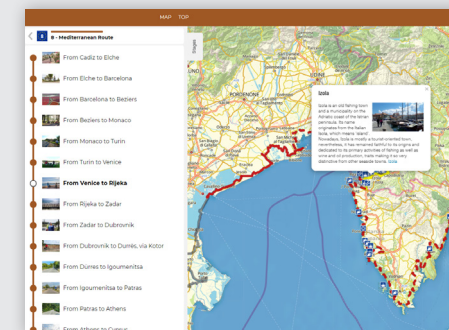
By clicking “Countries”, the website will provide you with links to detailed national and regional information:

- **Spain:** Conbici / Pirinexus
- **France:** Vélo & Territoires / La Méditerranée à vélo / France Vélo Tourisme / Alpes-Maritimes
- **Italy:** FIAB / Terre di Mantova / Oltrepo Mantovano / TurismoFVG
- **Slovenia:** Slovenian Cycling Network
- **Croatia:** Croatian National Tourist Board
- **Montenegro:** Montenegro Tourism
- **Albania:** GO2 Albania
- **Greece:** Cities for Cycling / Regional Development Fund, Region of Western Greece
- **Cyprus:** Visit Cyprus

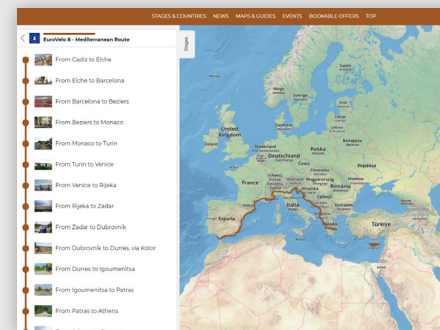
## COUNTRIES



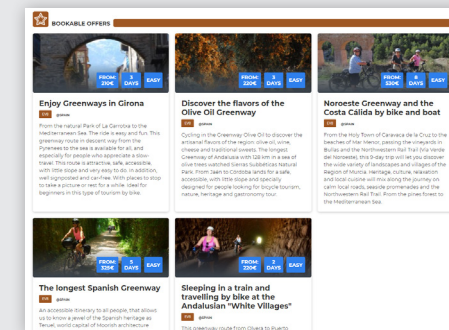
## SIGHTS AND ATTRACTIONS



## STAGES



## SERVICES



All the regional websites are full of information about accommodation, restaurants and excursions. Interested? Several day packages can be booked in the “Bookable offers” section. You’d prefer to go alone? A whole series of route guides is also listed under “Maps & Guides”. By clicking “Events”, you will find an overview of all the events organised along the route.

All the information on the website is available in three languages: **English, French, German** | [www.eurovelo8.com](http://www.eurovelo8.com), [fr.eurovelo8.com](http://fr.eurovelo8.com), [de.eurovelo8.com](http://de.eurovelo8.com).





Photo: Ivan Sardi/CNTB

TROGIR, CROATIA



SLOVENIA

## GENERAL SAFETY RECOMMENDATIONS

The road is a shared space, which implies a mutual respect on the part of the road users.

The cyclist, just like the motorist, must apply the national traffic laws, which guarantee his safety and that of other users. To ride safely, make sure you have a bike in good condition with all the right equipment, and check follow the basic traffic rules in the country where you are travelling. Do not forget to check your front and rear brakes before going on your trip!



Photo: Emmanuel Dautant  
ALPES-DE-HAUTE-PROVENCE, FRANCE

# Cycling safety Country rules & general recommendations

When cycling long-distance, safety is a priority. The cycling conditions can differ from one country to another, and you should always be careful when riding your bike. But the regulations can also vary between countries. In this section, you can find some advice for a worry free cycling holiday and a list of country-specific rules regarding cycling!

### REMEMBER!

- Travel on the correct side of the road, about 1 meter from the sidewalk and parked cars.
- Be careful of doors that open suddenly and children who can appear between two vehicles.
- Keep a safe distance of at least 1 meter from other vehicles.
- At an intersection, never position yourself alongside a truck or bus, outside of the driver's field of vision. Make yourself seen by going in front of other vehicles.
- Make a hand signal when you turn.
- In case of a bend in the road, keep to the edge because cars do not see you until the last moment.
- In case of bad weather, increase your safety distances and be careful when a vehicle overtakes you.
- Do not use headphones or a mobile phone (except in handsfree mode) when cycling.



## COUNTRY RULES








	Spain 	France 	Italy 	Slovenia 	Croatia 	Greece 	Cyprus 
Helmet	Required only on interurban roads and for children under 16	Required only for children under 12	Recommended	Required only for children under 14	Required only for children under 16	Recommended	
Reflecting elements and lights	Front and tail light, wheel and pedal reflectors	Front and tail light, wheel and pedal reflectors	Front and tail light, wheel and pedal reflectors	Front and tail light, wheel and pedal reflectors	Front and tail light, wheel and pedal reflectors		Front and tail light, wheel and pedal reflectors
Retroreflective vest	Required only at night	Required only at night and outside urban areas	Required only at night outside urban areas and inside tunnels		Required only at night	Required only at night	
Ringing a bell	Required	Required	Required	Required	Required		Required
Occupation of the road	Under safe conditions, groups can circulate in 2 columns		Outside of urban areas, cyclists must circulate in a single row	Children under 14 must be accompanied by an adult on roads	Cyclists must circulate in a single row		3 cyclists in a row. If more, move in pairs one behind the other
Adapted child seat	Required for children under 7	Required for children under 5	Required for children under 9		Required for children under 8		

Photo: Andreas Lacovou  
CYPRUS





# The Mediterranean Summer

The Mediterranean Sea as a stage and backdrop

Photo: Juan Carlos Toro  
CÁDIZ, SPAIN



ANDALUSIA, SPAIN



Photo: Marko Popovic/UNDP Montenegro

LAKE SKADAR, VIRPAZAR, MONTENEGRO

## What can holidaymakers on two wheels expect along the Mediterranean coast?

A colourful choice of events including town festivals, culinary celebrations, cycle touring days and cultural events – attractive suggestions for excursions and short rides.

VAUCLUSE, FRANCE



Photo: Emmanuel Dautant

ANDALUSIA, SPAIN



MANTUA, ITALY



CATALONIA, SPAIN

### SPAIN

#### PIRINEXUS NON STOP CHALLENGE

The aim is to complete the **340 km** non-stop challenge alone within a **maximum time of 18 hours**, arriving in Girona before midnight. The route is divided into five checkpoints with a set time limit and takes in **all types of terrain**. All bikes are allowed, although probably the most appropriate ones are gravel or cycle-cross bikes. More information at [www.thepirinexuschallenge.com](http://www.thepirinexuschallenge.com).

### ITALY

#### BAM! (BICYCLE ADVENTURES MEETING)

During **May**, the city of Mantova hosts BAM!, the annual European gathering of bicycle travelers. BAM! attracts enthusiasts from all over Italy and abroad: a gathering to **meet friends, share stories, plan trips and above all have fun** (in the saddle or not)! There are usually **three days** of music, meetings with great travellers, writers, artists and professionals, always without any formality or barrier. Get ready to pitch your tent and share the road to get there!

### SPAIN

#### BIKE DAY OF MÁLAGA

In Andalusia, experience the Bike Day of Malaga, a **sportive and festive event** in which to enjoy cycling through the city in the company of thousands of cyclists. It is one of the sportive events with the greatest citizen participation! The Bike Day of Malaga is celebrated in **September** and coincides with the European Mobility Week. The Bike Day is a participative, non-competitive event, consisting of a **12 km bike ride**. Its aim is to promote the use of bicycles in the city as a physical activity and a non-polluting means of transport.





STRUNJAN TUNNEL, SLOVENIA



IZMIR, TURKEY

## SLOVENIA

### ISTRIAN CYCLING MARATHON

Slovenian Istria with its mild Mediterranean climate provides excellent conditions for **cycling until late autumn**. In October, when the cycling season elsewhere is almost finished, on the coast it is – quite on the contrary – still warm and cosy, enabling a unique cycling experience! You can choose between **three different routes**, therefore, the event is suitable for all levels of recreational cyclists. Part of the event takes place directly on the EuroVelo 8 route. More information at [www.istrski-kolesarskimaraton.si/en/marathon](http://www.istrski-kolesarskimaraton.si/en/marathon).



Photo: M.Bike  
GREECE

## GREECE

### HELLENIC CYCLING TOURNAMENT

Organised each year **across multiple Greek cities**, this event promotes the use of bicycle as an alternative means of transport to improve quality of life and protect the environment. The goal is to **raise awareness** in the local community and activate on issues related to health promotion, school education and road safety. The general theme varies slightly each year but everyone is welcome to **claim the streets during this cycling tour** regardless of their age, occupation and background.

## TURKEY

### AZ BILINEN ANTIK KENTLER TURU

The “Less Known Antique Cities Bicycle Tour” aims to visit the ancient cities of Izmir and its surrounding areas, with bicycles and tents, to see the historical and cultural heritage of the region. Cyclists experience local values and places. A key objective is also to raise awareness and sensitivity about cycling. This event is held between **20-24 April** since 2012. The itinerary goes through Panaztepe, Phokai, Mordoğan, Balıklıova, Erythrai, Klazomenai, Bademler ancient sites all of which are on the Izmir section of EuroVelo 8.

Photo: Daniel Pavlinović/CNTB  
DUBROVNIK, CROATIA

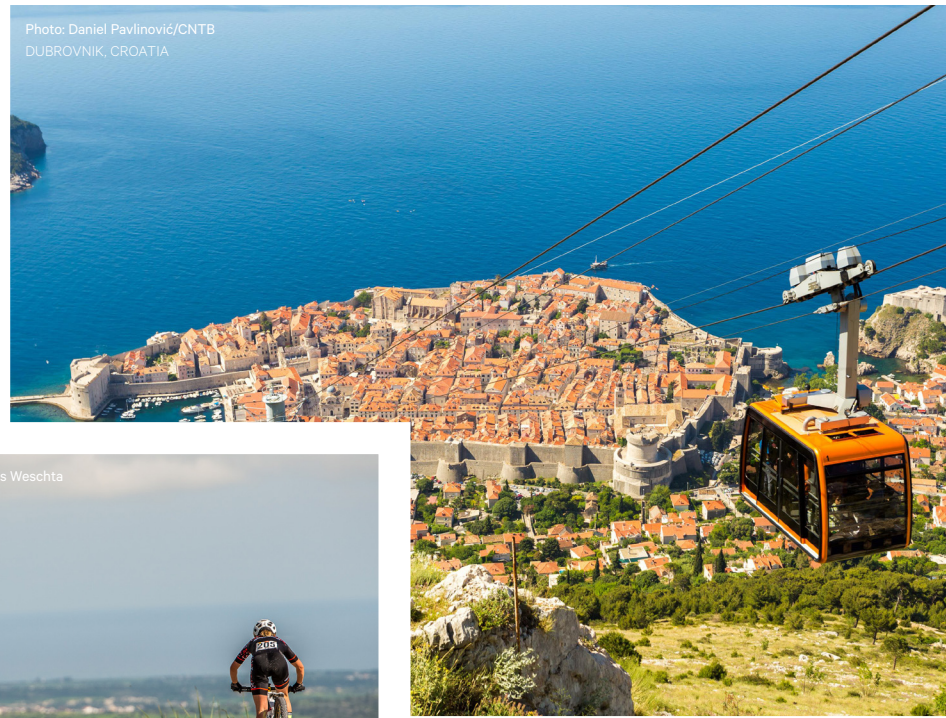


Photo: Thomas Weschta  
CYPRUS



## CYPRUS

### CYPRUS SUNSHINE CUP

The largest mountain bike race event in Cyprus and one of the most famous and prestigious Mountain Bike Series in the UCI Calendar. Taking place yearly in **February/March**, the Cyprus Sunshine Cup “**Afxentia**” Stage Race offers top bikers the opportunity to gain points in the UCI category. “**The Challenge**” allows non-UCI riders and passionate amateur mountain bikers to compete in the first three stages of “Afxentia” Stage Race and get ranked into their own category with a General Classification at the end. The **three stages** of the race take place in Lefkara, Lythrodontas and Mantra tou Kampiou. More information at [www.activatecyprus.com](http://www.activatecyprus.com).

## CROATIA

### CYCLE EVENTS IN CROATIA

Croatia offers plenty of cycle events along its more than 1000 km long route: from traditional **Parenzana recreational marathon** held every September in Istria, to **MTB Učka Mountain Climb** taking place in June in Kvarner region to **Barkanijada cycle event** in Lika region. The traditional event **Od Branimira do Branimira** held at the beginning of April in Zadar Region as well as **MTB Marathon Vrana lake, Spring Bike Ride** in Šibenik region, challenging **Biokovo Bike Uphill** in Split region and traditional **Konavle 100 km** cycling race taking place in Dubrovnik region are also worth attending.





# Where bikes become vélos or bicicletas...



CÁDIZ, SPAIN

**The Mediterranean Route unites 11 countries and almost as many languages.** Cycle tourists therefore need to have a few terms in the respective language in their panniers – as a contribution to European understanding! Below is a short overview of useful terms.

## ENGLISH

**Salutations**

Good morning  
Hello  
Good evening  
How are things?

**Overnight stay**

Hotel  
(Youth) hostel  
Camping  
With breakfast

**Bicycle terms**

Bicycle  
Bicycle shelter  
Bicycle hire  
Bicycle route  
Bicycle repair

**Culinary/Beverages**

Restaurant  
Café  
Water (Sparkling/Still)  
Tea  
Coffee (with milk)  
Juice  
Beer  
Wine

**Emergencies**

Accident  
Traffic accident  
Ill  
Hospital  
Ambulance  
Doctor  
Health insurance

## SPANISH

**Saludos**

Buenos días  
Hola  
Buenas noches  
¿Cómo estás?

**Quedarse por la noche**

Hotel  
Hostal/Albergue juvenil  
Camping  
Desayuno incluido

**Términos bicicleta**

Bicicleta  
Area de descanso  
Alquiler de bicicletas  
Ruta ciclista  
Reparación de bicicletas

**Culinaria/Bebidas**

Restaurante  
Café  
Agua (con gas/natural)  
Té  
Café (con leche)  
Zumo  
Cerveza  
Vino

**Emergencias**

Accidente  
Accidente de tráfico  
Enfermo  
Hospital  
Ambulancia  
Médico  
Seguro de Salud

## FRENCH

**Salutations**

Bonjour  
Bonjour  
Bonsoir  
Comment ça va?

**Nuitée**

Hôtel  
Auberge de jeunesse  
Camping  
Petit-déjeuner inclus

**Vocabulaire vélo**

Vélo  
Abri de vélo  
Location de vélo  
Véloroute  
Réparation de vélo

**Alimentation/Boissons**

Restaurant  
Café /Bar  
Eau (Pétillante/Plate)  
Thé  
Café (au lait)  
Jus  
Bière  
Vin

**Urgences**

Accident  
Accident de la route  
Malade  
Hôpital  
Ambulance  
Docteur  
Assurance santé

## ITALIAN

**Saluti**

Buongiorno  
Buongiorno  
Buonasera  
Come va?

**Pernottamento**

Albergo/Hotel  
Ostello (della gioventù)  
Camping/Campeggio  
Con colazione

**Termini bicicletta**

Bicicletta  
Parcheggio protetto per bici  
Noleggio biciclette  
Ciclovía  
Riparazione bici

**Culinario/Bevande**

Ristorante  
Café /Bar  
Acqua (frizzante/ferma)  
Tè  
Caffè (con latte)  
Succo  
Birra  
Vino

**Emergenze**

Incidente  
Incidente stradale  
Malato  
Ospedale  
Ambulanza  
Medico  
Salute Assicurazione



Noćen  
kamp  
¿Reparación?  
Thé  
Ποδήλατο

## SLOVENE

### Pozdravi

Dobro jutro  
Zdravo / živjo  
Dober večer  
Kako gre?

### Nočitev

Hotel  
Mladinski hotel/hostel  
Kamp  
Z zajtrkom

### Pogoji kolesarjenja

Kolo / bicikel  
Kolesarnica  
Najem kolesa  
Kolesarska pot  
Kolesarski servis

### Kulinarika/Pijače

Restavrant  
Kavarna  
Voda (gaziranan/haravna)  
Čaj  
Kava (z mlekom)  
Sok  
Pivo  
Vino

### Izredne razmere

Nesreča  
Prometna nesreča  
Boln  
Bolnica  
Rešilec  
Zdravnik  
Zdravstveno zavarovanje

## CROATIAN

### Pozdravi

Dobro jutro  
Bok  
Dobra večer  
Kako si?

### Noćenje

Hotel  
(Omladinski) hostel  
Kampiranje  
S doručkom

### Biciklistički izrazi

Bicikl  
Zaklon za bicikle  
Najam bicikla  
Biciklistička ruta  
Biciklistički servis

### Kulinarski/Napitci

Restoran  
Caffe/Bar/Bistro  
Voda (Gazirana/Negazirana)  
Čaj  
Kava (s mlijekom)  
Sok  
Pivo  
Vino

### Hitne situacije

Nesreća  
Prometna nezgoda  
Bolestan  
Bolnica  
Hitna pomoć  
Liječnik/Doktor  
Zdravstveno osiguranje

## GREEK

### Chairetismoí

Kalimera  
Gia  
Kalo apogevma  
Ti ginete?

### Olonýktia paramoní

Xenodochio  
Xenonas neon/hostel  
Camping  
Me proino

### Óroi podilátou

Podilato  
Katafigio gia podilata  
Enikiasi podilatou  
Podilatiki diadromi  
Sinergio podilatou

### Magairiki/Potá

Estiatorio  
Kafe  
Nero me/choris anthrakiko  
Tsai  
Kafes (me gala)  
Chimos  
Bira  
Krasi

### Éktaktes anánkes

Atichima  
Trocheo atichima  
Arostos  
Nosokomio  
Asthenoforo  
Yatros  
Asfalia igias

## TURKISH

### Selamlar

Günaydın  
Merhaba  
İyi akşamlar  
Ne haber?

### Gecelik konaklama

Otel  
Pansiyon  
Kamp yapmak/kampçılık  
Kahvaltı dahil

### Bisiklet terimleri

Bisiklet  
Bisiklet park yeri  
Bisiklet kiralama  
Bisiklet rotası  
Bisiklet tamiri/bakımı

### Yiyecek/İçecek

Restaurant  
Kafe  
Su  
Çay  
Kahve (sütlü)  
Meyve Suyu  
Bira  
Şarap

### Acil durumlar

Kaza  
Trafik kazası  
Hasta  
Hastane  
Ambulans  
Doktor  
Sağlık sigortası



SAN PEDRO DEL PINATAR, MURCIA, SPAIN





# EuroVelo – the heart of Europe wide cycling

Creating long distance cycle routes with a total length of over 70,000 kilometres was the aim when the idea in the mid 1990s to establish a Europe wide network of cycle routes was born. Project leadership was taken up by the European Cyclists Federation (ECF) together with the Danish De Frie Fugle organisation and Sustrans, the British association. The ECF has been solely responsible for the project since 2007.

The EuroVelo network of cycle routes consists of 16 long distance cycle route of which ten run in a north-south direction and four in a west-east direction. Two other routes are circular around the Baltic and North seas. A reason for the initiative was the intention to make borderless cycling possible as cyclists often do not even notice that they have crossed a frontier into another country.

### Supported by the EU

Since 2009, the EU has provided support for individual actions for the development of the network, including two projects related to EuroVelo 8 – Mediterranean Route. The current Mediterranean project – MEDCYCLETOUT – is an important one as there is a huge flow of tourists to the Mediterranean Sea, but cycle tourism and sustainable tourism have only started to be developed in this region recently.



<b>1</b>	<b>Atlantic Coast Route</b> <i>North Cape to Sagres</i>	11,500 km	<b>9</b>	<b>Baltic-Adriatic</b> <i>Gdansk to Pula</i>	2,050 km
<b>2</b>	<b>Capitals Route</b> <i>Galway to Moscow</i>	5,000 km	<b>10</b>	<b>Baltic Sea Cycle Route</b> <i>Hansa Circuit</i>	9,000 km
<b>3</b>	<b>Pilgrims Route</b> <i>Trondheim to Santiago de Compostela</i>	5,400 km	<b>11</b>	<b>East Europe Route</b> <i>North Cape to Athens</i>	6,550 km
<b>4</b>	<b>Central Europe Route</b> <i>Roscoff to Kiev</i>	5,100 km	<b>12</b>	<b>North Sea Cycle Route</b> <i>North Circuit</i>	6,800 km
<b>5</b>	<b>Via Romea Francigena</b> <i>London to Rome and Brindisi</i>	3,250 km	<b>13</b>	<b>Iron Curtain Trail</b> <i>Barents Sea to Black Sea</i>	9,950 km
<b>6</b>	<b>Atlantic-Black Sea</b> <i>Nantes to Constanta</i>	4,450 km	<b>15</b>	<b>Rhine Cycle Route</b> <i>Andermatt to Hoek van Holland</i>	1,500 km
<b>7</b>	<b>Sun Route</b> <i>North Cape to Malta</i>	7,050 km	<b>17</b>	<b>Rhone Cycle Route</b> <i>Andermatt to Mediterranean</i>	1,050 km
<b>8</b>	<b>Mediterranean Route</b> <i>Cádiz to Cyprus</i>	7,500 km	<b>19</b>	<b>Meuse Cycle Route</b> <i>Langres to Hoek van Holland</i>	1,100 km

Route information, maps, guides and other resources available at [www.eurovelo.com](http://www.eurovelo.com)





Photo: Juan Carlos Toro  
CÁDIZ, SPAIN

# From Cádiz to Elche

The coastline between Cádiz and Elche is a journey of contrasts. It is dotted with unspoilt beaches, steep cliffs, marshes full of life and natural spaces with diverse ecosystems with a pleasant temperature. At any time of the year, the route along this coast allows you to get to know various towns and villages with a rich cultural and gastronomic heritage.

Between Cádiz, the old Phoenician Gadir, to Elche, the Iberian city of Ilici, you can visit the old Roman city of Bolonia; the forests of tertiary origin in Los Alcornocales; the crowded and tourist Costa del Sol and its capital, Málaga; the tropical crops in the area of Almuñécar; and the wild beaches of the coast of Almería. In its last stretch, near Elche, the landscapes are very calm, full of orchards.



Photo: Juan Carlos Toro

COSTA CÁLIDA, MURCIA, SPAIN

Photo: Sergio Gonzalez



## INFO

Further information about cycling on EuroVelo routes in Spain can be found on the website [www.eurovelospain.com/eurovelo-espana/eurovelo-8](http://www.eurovelospain.com/eurovelo-espana/eurovelo-8)



## CÁDIZ – MÁLAGA SECTION 1 - 300 km

FROM 0-300 KM

**Cádiz** – San Fernando – Chiclana de la Frontera – Conil – Barbate – Zahara de los Atunes – Facinas – Los Barrios – San Roque – Castellar de la Frontera – Torreguadiaro – Estepona – San Pedro de Alcántara – Marbella – Fuengirola – Benalmádena – Torremolinos – **Málaga**

## MÁLAGA – ALMERÍA SECTION 2 - 222 km

FROM 300-522 KM

**Málaga** – Rincón de la Victoria – Torre del Mar – Torrox – Nerja – Almuñécar – Salobreña – Motril – Calahonda – Castell de Ferro – La Mamola – La Rábida – Adra – El Ejido – Roquetas de Mar – Aguadulce – **Almería**

## ALMERÍA – ÁGUILAS SECTION 3 - 157 km

FROM 522-679 KM

**Almería** – Cabo de Gata – La Fabriquilla – San José – Pozo los Frailes – Rodalquilar – Fernán Pérez – Aguamarga – Carboneras – Mojácar – Garrucha – Vera – Villaricos – San Juan de los Terreros – **Águilas**

## ÁGUILAS – ELCHE SECTION 4 - 268 km

FROM 679-947 KM

**Águilas** – Calabardina – Puntas de Calnegre – Puerto de Mazarrón – Cartagena – Portman – Los Alcázares – San Javier – San Pedro del Pinatar – Murcia – **Elche**



Photo: Juan Carlos Toro  
GRANADA, SPAIN

## SIGHTS AND ATTRACTIONS

### City of Sevilla

Explore its enormous historical and artistic heritage.

### Province of Cádiz

Visit the Archaeological Complex Baelo Claudia and Playa de Bologna.



## TOURIST INFORMATION CENTRES

**Oficina Municipal de Turismo de Cádiz**

Paseo de Canalejas, s/n  
+34 956 241 001  
[turismo.cadiz.es](http://turismo.cadiz.es)

**Los Alcornocales Natural Park**

Ctra. C-2228 (km 1) Alcalá de los Gazules  
+34 685 122 686  
[cvelaljibe@reservatuvisita.es](mailto:cvelaljibe@reservatuvisita.es)

**Municipal Tourist Office, Conil de la Frontera**

C/ Carretera 1  
+34 956 440 501  
[www.turismo.conil.org](http://www.turismo.conil.org)

**Municipal Tourist Office, Málaga**

Plaza de la Marina 11  
+34 951 926 020  
[www.malagaturismo.com](http://www.malagaturismo.com)

**Patronato Provincial de Turismo de Málaga**

C/ Pacífico 54  
+34 952 069 900  
[www.malaga.es/es/turismo](http://www.malaga.es/es/turismo)

**Municipal Tourist Office, Motril**

Plaza de las Comunidades Autónomas, s/n  
+34 958 825 481  
[motrilturismo.com](http://motrilturismo.com)

**Municipal Tourist Office, Almería**

Plaza de la Constitución, s/n  
+34 950 210 538  
[www.turismodealmeria.org](http://www.turismodealmeria.org)

**Tourist office, Águilas**

Plaza Antonio Cortijos, s/n  
+34 968 493 285  
[www.aguilas.es](http://www.aguilas.es)

**Tourist office, Cartagena**

Plaza A. Bastarreche, s/n  
+34 958 128 955  
[www.cartagenaturismo.es](http://www.cartagenaturismo.es)

**Tourist office, Murcia**

Plaza Cardenal Belluga, Edificio Ayuntamiento  
+34 968 358 749  
[www.turismodemurcia.es](http://www.turismodemurcia.es)

## SIGHTS AND ATTRACTIONS

**Baelo Claudia and Bolonia Beach**

The archaeological ensemble gives evidence of the Roman settlement from 2nd Century AD. The natural environment in the Estrecho Nature Park grants Bolonia a place of honour among the best beaches in Europe.

**Los Alcornocales Nature Park**

The biological wealth and diversity of Los Alcornocales Nature Park and other natural enclaves form an important part of the Mediterranean forest landscape.

**The Region of Málaga**

Milenaria Ronda, famous for its romantic legends of bandits; Sierra de las Nieves Natural Park; El Caminito del Rey and the Ecological Park Desfiladero de los Gaitanes; and Málaga's Costa del Sol.

**The Museums of Málaga**

Picasso Museum, located in Buenavista Palace, shows the permanent collection of this artist. The extension of Centre Pompidou in Malaga, with its experimental character, and Casa Museo Thyssen, in Villalón Palace.

**The District of Las Alpujarras and Sierra Nevada**

Less than 100 km from the sea, Sierra Nevada Ski and Mountain resort, offers a wide sports program during the year. The region of Las Alpujarras is a mountainous area known for its villages with houses staggered on the slopes and its rich cuisine.

**The Region of Almería**

The monumental complex of the Alcazaba de Almería; Salinas de Cabo de Gata and its beaches; Cabo de Gata-Níjar Natural Park; and the Caves of Sorbas.

**Cabo de Gata Nature Park and Salt Fields**

One of the best preserved natural areas along the Mediterranean coast. The salt fields have a great ecological value as the habitat of several plant and animal species.

**The Caves of Nerja and the Cliffs of Maro-Cerro Gordo**

Paraje Natural de los Acanilados de Maro – Cerro Gordo gives the chance of enjoying huge cliffs over the sea, as well as lovely beaches and quiet coves on the coast. With a total length of 4,823 m, the Cuevas de Nerja are a must see!

**The Alhambra de Granada**

UNESCO World Heritage Site that was once the residence of nasrid kings in Granada and it is strategically placed the

## BIKE SERVICE

**Cádiz**

Urban Bike Cádiz  
C/ Fermin Salvochea 18  
+34 664 081 381

**Conil**

Conil Bicycletas  
Ctra. Fuente del Gallo  
+34 956 441 536

**Los Barrios**

Runbaik  
C/ Padre Damaso 2  
+34 956 236 680

**Málaga – 29680 Estepona**

El Tourmalet  
C/ Parque Central 9

**Málaga – 29601 Marbella**

ONE BIKE  
C/ Serenata  
s/n Urb. Huerto del Cura  
Bq. 9 Local B

**Málaga – 29631 Benalmádena**

Wild Bikes shop  
Av. Cdad. de Melilla 38

**MurciasobreRuedas**

C/ Don Algonso Palazon Clemares 3  
+34 968 935 665

**Torre del Mar**

BikeShop  
C/ Pintor Cipirano Maldonado  
Jimenez 5  
+34 649 661 184

**Almuñécar**

Costa Tropical Cycling  
Av. Costa del Sol 34  
+34 634 382 848

**Motril**

Bull Bikes  
C/ Londres  
+34 958 977 223

**Almería**

Filabres BikeShop  
Av. Carlos III, Aguadulce  
+34 950 443 249

**Carboneras**

PJ Bikes  
C/ Cádiz  
+34 675 610 792

**Águilas**

Bici Burú  
C/ Isidoro de la Cierva 34  
+34 968 413 240

**Vera Playa**

Aguila Bike  
Carretera Garrucha-Villaricos  
Ronda de ls Buganvillas 161  
+34 950 133 063

**Cartagena**

Ciclos Currá  
Calle Jabonerías, 69  
+34 968 52 38 31

**Murcia**

Ciclos Conde  
Calle Joaquin Blume 6, Cehegín  
+34 968 742 320

**Murcia**

Bicicletas Naga  
Calle Acisclo Díaz, 15  
+34 637713328

**Orihuela**

BikeCenter  
Calle Obispo Rocamora 75  
+34 966 340 952

## EXCURSION

## Cádiz with its cycle network bordering the sea

Cádiz is the oldest Western Europe city, which throughout history has been closely linked to the sea. Its urban cycle network runs through squares, churches, watchtowers, monuments and gardens with thousand-year-old species, and it allows to enjoy the climate, the happiness in the streets and the seaside culinary delights. Cádiz city, placed in a privileged site between the Atlantic and the Mediterranean, is located in a small island that is connected to the continent by a long stretch of sand that gives continuity to the cyclist route Eurovelo 8 in Andalusia.

More information on [www.turismo.cadiz.es](http://www.turismo.cadiz.es)

top of a hill overlooking the city and Vega de Granada. It is located on the left bank of the Darro river.

**Erosiones de Bolnuevo**

One of Mazarrón's most attractive places to visit. Known as the "Enchanted City", it is like a strange landscape, almost magical, where the wind and water erosion has created a whimsical rock formation shaped over millions of years.

**City of Cartagena**

With more than 3,000 years of history, this city has been the scene of the most outstanding passages throughout time. This Punic, Roman, military and art nouveau city is a must see!

**City of Murcia**

The city has Arab origins and a close relationship with the fertile meadow of the river Segura. The local cuisine, folklore, parades and typical products are not to be missed while the old town includes some narrow streets and one of the most impressive cathedrals of Spain where you will step back in time. This is the capital of the eternal spring.

Photo: Juan Carlos Toro



LOS ALCORNOCALES NATURAL PARK, ANDALUSIA, SPAIN







Photo: Juan Carlos Toro

## INFO

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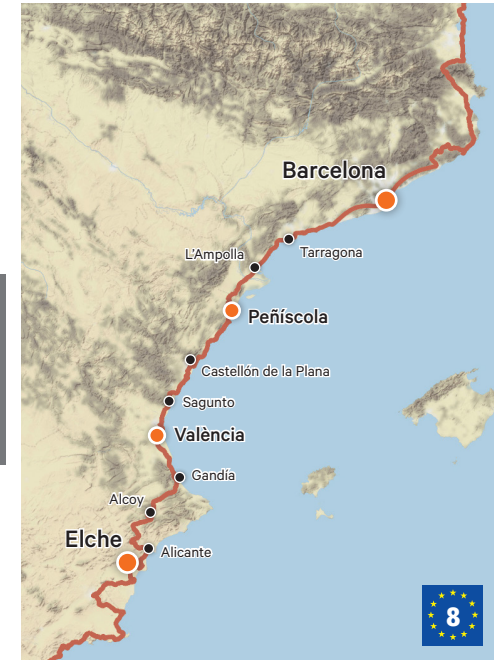


Photo: Juan Carlos Toro

## From Elche to Barcelona

Running parallel to the Mediterranean Sea, large and wide white sand beaches await you along Costa de Valencia, Costa del Azahar and Costa Daurada.

The route runs through the countryside bicycle paths through the province of Alicante. In the city of Alicante, called City of Light, revisit more than 3,000 years of history in the remains of old civilizations. The cities of Cocentaina, Alcoy and Ibi have a great cultural and historical interest as well. EuroVelo 8 passes through small towns within the province of València, where the main attractions are natural areas such as the famous Albufera Nature Park.

Reaching the city of València, you can witness how centenary traditions live together with modernity: sea and city combine alongside green farms over a modern urban scheme. Sagunto is a highly attractive tourist location with a wide range of cultural centres to explore. In Castellón, Peñíscola represented the fictional city of Meereen in "Game of Thrones". The stage ends by passing Tarragona on the way to the iconic Mediterranean metropolis of Barcelona.



Photo: Angel L. Valero

DUNAS DE GUARDAMAR, VALENCIA, SPAIN

### ELCHE – VALÈNCIA SECTION 1 - 255 km

FROM 947-1,202 KM

Elche – Santa Pola – San Vicente del Raspeig – Alicante – Cocentaina – Alcoy – Ibi – Muro de Alcoy – Cullera – Gandía – Alboraya – València



BENICÀSSIM, VALENCIA, SPAIN

### VALÈNCIA – PEÑÍSCOLA SECTION 2 - 158 km

FROM 1,202-1,360 KM

València – Burriana – Sagunto – Oropesa del Mar – Benicàssim – Castellón de la Plana – Vinaròs – Benicarló – Peñíscola

### PEÑÍSCOLA – BARCELONA SECTION 3 - 237 km

FROM 1,360-1,597 KM

Peñíscola – Ulldecona – L'Aldea – L'Ampolla – L'Ametlla de Mar – Tarragona – Roda de Berà – Castelldefels – Barcelona



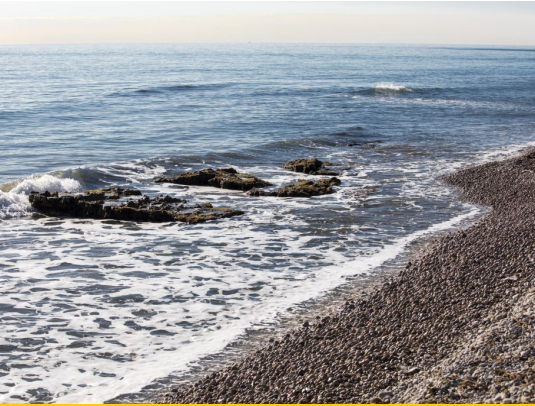


Photo: Juan Carlos Toro

## EXCURSION

### Prat de Cabanes-Torreblanca Nature Park

One thin line of shingles, pebbles and sandy deposits separates the sea from a marshy area formerly known as the home of ducks (Albalat dels Ànecs). Today it provides shelter for birds such as the collared pratincole and the peregrine falcon. Nearby one can visit various old watchtowers along the coast: Capicorb (Alcalà de Xivert), Torrenostra (Torreblanca) and Torre la Sal (Cabanes).

## SIGHTS AND ATTRACTIONS

### Elche Palm Forest

Considered the biggest in Europe, the Palmeral, 2 km long and 1 km wide, surrounds the town's historical neighbourhoods and was declared Human Heritage Monument on the year 2000.

### Maigmó Greenway

Although the railway never actually entered into service, today we can put these feats of engineering to good use as we travel along this adventurous and enjoyable cycling Greenway.

### Carrascar de la Font Roja

One of the best-preserved Mediterranean forests in the land. Each of the areas has its own associated fauna, including mammals reptiles and above all birds.

### Protected Landscape of Serpis River

Approximately 12,000 hectare it has belongs to the set of Protected Natural Spaces of the Region of Valencia since

2007. The landscape offers exceptional richness and culture shaped by the presence of Serpis River.

### Albufera Nature Park

A slim strip of coastline protects it from the sea, and on this strip of land, sand dunes have formed. La Albufera is an important stopover point for migratory birds and a nesting area for resident birds.

### València Historical Centre

The outer ring of the ancient city and the inner area contained within the Moorish walls are full of archaeological remains of civic and religious buildings.

### Sagunto Castle

Within the walls visitors can find innumerable historical treasures from Iberian, Roman, medieval or modern epochs. All this is distributed between seven spaces with a formidable panoramic view of the surrounding region.

### Desert de les Palmes Nature Park

A coastal range of mountains, rising up from the otherwise flat La Plana district. Other points of interest are the Bartolo peak (729 m), the castles of Miravet and Montornés, the Carmelite convent or hermitage of the Les Santes.

### Castle of Papa Luna

The castle of Peñíscola is of great architectural interest and conserves important works from the times of the Pontiff. The Papal Basilica of Benedicto XIII is complemented with the throne room.

### Ebre Delta

With a 320 square km surface, it is the largest aquatic habitat in Catalonia with a rich biodiversity. Dive with tunas, birdwatch or go along the delta in a kayak! The rice from Ebre Delta is world renowned for its taste and quality.

### Roman Route in Tarragona

Composed of several historical sites such as a 1,100 m wall, a provincial forum, a well preserved Roman circus and an amphitheatre.

### La Ramblas in Barcelona

The most famous boulevard to discover in Barcelona. We recommend going early in the morning to feel the flavour of the flowers just as the shops open.

## TOURIST INFORMATION CENTRES

### Tourist Info Elx

Plaça del Parc 3, 03202 Elche  
+34 966 658 196  
[www.visitelche.com](http://www.visitelche.com)

### Tourist Info Santa Pola

Plaza Diputación s/n, 03130 Santa Pola  
+34 966 692 276  
[www.turismosantapola.es](http://www.turismosantapola.es)

### Tourist Info Alicante

Avenida Rambla Méndez Núñez 41,  
03002 Alicante.  
+34 965 200 000  
[www.comunitatvalenciana.com](http://www.comunitatvalenciana.com)

### Tourist Info Muro de Alcoy

Plaça Matzem s/n, 03830 Muro de Alcoy

+34 965 532 071

[www.vilademuro.net](http://www.vilademuro.net)

### Tourist Info Gandía

Avenida Marqués de Campo s/n, 46701  
Gandía  
+34 962 877 788  
[www.gandiaturismo.com](http://www.gandiaturismo.com)

### Tourist Info Sagunto

Plaza Cronista Chabret s/n, 46500  
Sagunto  
+34 962 655 859  
[www.sagunt.es/turismo](http://www.sagunt.es/turismo)

### Tourist Info Castellón

Plaza de la Hierba s/n, 12001 Castellón  
de la Plana

+34 964 358 688

[www.comunitatvalenciana.com](http://www.comunitatvalenciana.com)

### Tourist Info Peñíscola

Paseo Marítimo s/n, 12598 Peñíscola  
+34 964 480 208  
[www.peniscola.es](http://www.peniscola.es)

### Tarragona Tourist Office

Fortuny 4, 43001 Tarragona  
+34 977 233 415  
[www.catalunya.com](http://www.catalunya.com)

### Barcelona Tourist Office

Passeig de Gràcia 105, 08008 Barcelona  
+34 932 388 091  
[www.catalunya.com](http://www.catalunya.com)

## BIKE SERVICE

### Ochoa Bikes

Carrer de Sant Ramon 63,  
03560 El Campello  
+34 965 634 228

### Moraira Cycling

Calle Naranco de Bulnes 6,  
03724 Moraira  
+34 622 655 174

### MO'bike

Carrer del Poeta Llobart  
1, 46001 València  
+34 960 113 163

### Bicischiva Vilareal

Av. Rio Ebro 5 (bajo),  
12540 Villarreal  
+34 964 832 942

### Costa de Azahar MTB

Camping Torrenostra,  
Playa Torrenostra, 12596

Torreblanca

+34 964 425 037

### L'Almacen

Sol 12, 43550 Ulldecona  
+34 977 721 603

### Teknibike

Avinguda dels Països  
Catalans 50, 43007  
Tarragona  
+34 877 053 895

### Tot Bike

Ctra. de Valls 20, 43700 El  
Vendrell  
+34 977 665 813

### Happy Bike Shop

Avinguda Meridiana 28,  
08018 Barcelona  
+34 930 218 536





Photo: Pere Duran  
CATALONIA, SPAIN

# From Barcelona to Béziers



Imagine you can go from the beach to the snowy mountains in the Pyrenees. You can travel around small towns and big cities. Enjoy the Mediterranean cuisine accompanied by a fabulous wine that you can find along the route. Let the historical architecture take you on a journey through time as you pass from ancient Greek to Modernist influences.

This stage runs across Catalonia, from Barcelona to La Jonquera, then in the south of France to Béziers. Right now, the certified route is between Sils and La Jonquera. The Spanish part of the route is generally quite flat, except in the last 60 km where there are a lot of ramps, and you will find also different pavements (gravel surface, concrete, asphalt...)

In France, the route goes through a waterfront cycle track between sea and ponds: a green oasis with a wonderful biodiversity, a paradise for windsurfing. From Port La Nouvelle to Sète, the route follows three canals: Robine, Jonction and Le Canal du Midi which were, back in the day, used by horses pulling post rafts.

The Canal du Midi is worth a ride: this UNESCO World Heritage Site was built by a visionary business man in the 17th century that is a true masterpiece of architecture, making a link between Toulouse and the Mediterranean Sea.

## INFO

E-bike charging points are available in the following towns: Castellò d'Empúries, Torroella - L'Estartit, Palamós, Sant Feliu de Guíxols, Llagostera and Palafrugell.

## INFO

For a list of cycle friendly accommodation in Catalonia, visit the website [www.viesverdes.cat/en/tourist-services/lodging](http://www.viesverdes.cat/en/tourist-services/lodging)



NARBONNE, FRANCE  
Photo: Emmanuel Dautant

## BARCELONA - PALAFRUGELL SECTION 1 - 145 km

FROM 1,597-1,742 KM

Barcelona – Sils – Caldes de Malavella – Llagostera – Santa Cristina d'Aro – Sant Feliu de Guíxols – Platja d'Aro – Calonge-Sant Antoni – Palamós – Palafrugell



CATALONIA, SPAIN

## PALAFRUGELL - LA JONQUERA SECTION 2 - 87 km

FROM 1,742-1,829 KM

Palafrugell – Torroella de Montgrí – Bellcaire d'Empordà – L'Escala – Sant Martí d'Empúries – Sant Pere Pescador – Castelló d'Empúries – Peralada – Capmany – La Jonquera

## LA JONQUERA - BEZIERS

FROM 1,829-2,019 KM

La Jonquera – Argelès-sur-Mer – Leucate – Narbonne – Béziers

## SECTION 3 - 190 km





## EXCURSION

### Empuries. Greek and Roman culture in Catalonia

During the visit you tread the streets of the Greek and the Roman city, delight with mosaics decorating the floors of the houses of the rich people or make a wish to the god Asclepius. A small museum displays a selection of objects found during the excavations, witnesses of city life such as children's toys, jewellery and personal belongings, household paints...

More information on [www.macempuries.cat](http://www.macempuries.cat)

## SIGHTS AND ATTRACTIONS

### Museum Memorial de l'Exili in La Jonquera

The Exile Museum recalls the exiles brought about by the Civil War in Spain and Catalonia. It's located at the same border crossing where most of the exiles fled.

### Ecomuseum de la Farinera in Castelló d'Empúries

The Ecomuseum of la Farinera shows the industrial flour-making heritage of the village that used the Austro-Hungarian system.

### Aiguamolls de l'Empordà in Castelló d'Empúries

The Aiguamolls is one of the most important wetlands in Catalonia. You can see a wide variety of animals, especially birds.

### Illes Medes in L'Estartit

The Medes archipelago has seven islets. The Medes Islands are today one of the most important marine

flora and fauna reserves in the western Mediterranean. Companies operating in the area offer attractive trips in glass-bottomed boats around the islands.

### Museum de la Mediterrània in Torroella de Montgrí

The Mediterranean Museum offers a participatory experience that invites you to smell the flavours of the Mediterranean, hear their sounds and music, touch history and enjoy a panoramic audio-visual about the Mediterranean reality today.

### Museu de l'Anxova i de la Sal in L'Escala

The museum of salt and anchovy shows the history of fishing and salting blue fish from the XVII century to nowadays. A unique heritage and knowledge of Catalonian coast.

### Museum del Suro in Palafrugell

The cork museum preserves, interprets and highlights the heritage of the world structure around the cork.

### Olive oil (different locations along the route)

Appellation of origin Empordà. Extra virgin olive oil is the

## TOURIST INFORMATION CENTRES

### Officina de turisme de Sant Feliu de Guíxols

Pl. Monestir s/n  
+34 972 820 051  
[www.visitguixols.com](http://www.visitguixols.com)

### Officina de turisme de Santa Cristina d'Aro

Pl. Catalunya 1  
+34 972 837 010  
[www.visitsantacristina.cat](http://www.visitsantacristina.cat)

### Officina de turisme de Palamós

Pg. del Mar 22  
+34 972 600 550  
[www.visitpalamos.cat](http://www.visitpalamos.cat)

### Officina de turisme de Palafrugell

Av. de la generalitat 33  
+34 972 300 228  
[www.visitpalafrugell.cat](http://www.visitpalafrugell.cat)

### Officina de turisme de L'Escala

Pl. de les Escoles 1  
+34 972 770 603  
[www.visitlescala.com](http://www.visitlescala.com)

### Officina de turisme de Peralada

Pl. Peixateria 6,  
+34 972 538 840  
[www.ca.visitperalada.cat](http://www.ca.visitperalada.cat)

### Office de Tourisme de Le Perthus

28 Avenue de France 66480  
+33 468 542 753  
[www.le-perthus.com](http://www.le-perthus.com)

### Office de Tourisme d'Argèles-sur-Mer

Place de l'Europe 66700  
+33 468 811 585  
[www.argeles-sur-mer.com](http://www.argeles-sur-mer.com)

### Office de Tourisme de Perpignan

Place François Arago 66000  
+33 468 663 030  
[www.perpignan-tourisme.com](http://www.perpignan-tourisme.com)

### Office de Tourisme de Narbonne

31 Rue Jean Jaurès 11100  
+33 468 651 560  
[www.narbonne-tourisme.com](http://www.narbonne-tourisme.com)

### Office de Tourisme du Canal Du Midi Au Saint Chinian

Quai Elie Amouroux 34310  
+33 467 378 529  
[www.tourismecanaldumidi.fr](http://www.tourismecanaldumidi.fr)

### Office de Tourisme de Béziers Méditerranée

Place du Forum 34500  
+33 499 413 636  
[www.beziers-mediterranee.com](http://www.beziers-mediterranee.com)

cornerstone of the famous Mediterranean diet. Along the route you will have opportunity to find mills where you can see how to produce oil and taste it.

### Empordà wine (different locations along the route)

You can find red, white and rosé wines. A speciality of the area is the Garnatxa, a naturally sweet wine, full-bodied, with the flavour of the grape. The organic wines, the Misteles, the wines produced from over-ripe grapes and the sparkling wines complete the range of wines.

### Fort of Bellegarde

The fort was built by Vauban, famous French military architect, in 1679. You reach the site by a steep road from Perthus. The panoramic view at the border between France and Spain is unforgettable.

### The chapel of Juhègues in Torrelles

Surrounded by a magnificent park with many species, the chapel is a place of religious, cultural and festive. The site

includes an entrance courtyard and 17th century buildings that once housed hermits-keepers.

### Remains of Leucate Castle

It served as a garrison during the religious wars and allowed to repel the Spanish invader in the 15th century before being demolished. It was renovated in the 90s.

### Palace of the Archbishops in Narbonne

Neo Gothic style, the facade is framed by two square towers. Today, the site houses the cathedral and includes a rich collection of archaeological remains and artwork.

### 9 locks from Fonseranes to Béziers

UNESCO World Heritage Site with major works of art on the Canal du Midi imagined by Paul Riquet. Discover this spectacular work by taking the newly developed discovery trail to highlight the site.

RIVER DURANCE, FRANCE



## INFO

For more information about the French part of the route, visit La Méditerranée à vélo: [www.lamediterraneeavelo.com](http://www.lamediterraneeavelo.com)



Photo: Ferran Soler  
COSTA BRAVA, CATALONIA, SPAIN

## BIKE SERVICE

**L'Estartit:** Gaia Guies, Freu 51, +34 678 074 122

**Llagostera:** Vida Bike. 2nd hand bicycles, Mas Xifre Veïnta de Brugurera 3

**Palafrugell:** Cycles JK, Àngel Guimerà 49, +34 972 610 709

**Palamós:** Bicicletes Esteve, President Macià 100, +34 972 65 37 07

**Sant Antoni de Calonge:** Aposta X l'elèctica, Passeig Josep Mundet 83, +34 649 446 827

**Sant Feliu de Guíxols:** Ayats Cycles, Ctra de Palamós 164, +34 972 821 537

**Sant Feliu de Guíxols:** Bravamar, El Tinglado del Port, +34 667 769 180

**Sant Feliu de Guíxols:** Taxi Bikes Antoni Juanals, Ctra Girona 215 1r, +34 699 365 253

**Sant Feliu de Guíxols:** Bikes a dojo, Rambla Joan Borda 32, +34 972 321 146

France: To check services along the route (**Accueil Vélo**) visit [www.lamediterraneeavelo.com](http://www.lamediterraneeavelo.com)



# From Béziers to Nice



PROMENADE DES ANGLAIS, NICE, FRANCE

Following this stage, you will travel along the Mediterranean shore passing famous seaside resorts and fishing ports. The cycle route goes through Camargue, its ponds, rice fields, birds and bulls, before moving slowly to Provence through vineyards and olive trees. From Tarascon, entering the Parc Naturel Régional des Alpilles, the route uses narrow, calm and signposted roads. Among plane trees, small canals and farm properties, this itinerary follows a greenway. Located at the foot of Alpilles, the route crosses traditional villages.

From Cavaillon to Robion, the cycle route uses the itinerary "Autour du Luberon" with a first section of 37 km along the Caladon river, most enjoyable for a family ride, then up the perched villages and landscapes of Petit Luberon hills. The itinerary "Les Ocre à vélo" enables a complete immersion in the red and yellow colors of the village of Roussillon and the "Provençal Colorado", lavender fields, vines, Roman heritage and dried stone walls and bories. Starting with Céreste up to Manosque is the land of "Haute Provence" characteristic with quiet signposted paths and roads along picturesque villages.



From Draguignan, the cycle route connects to La Vigne à Vélo. Then, you will see the perched villages of the Pays de Fayence. The cycle route reaches the littoral through the villages of Pays Grassois. Between Cannes and Nice, the itinerary follows the seaside via Antibes, Cagnes-sur-Mer and Villeneuve-Loubet.

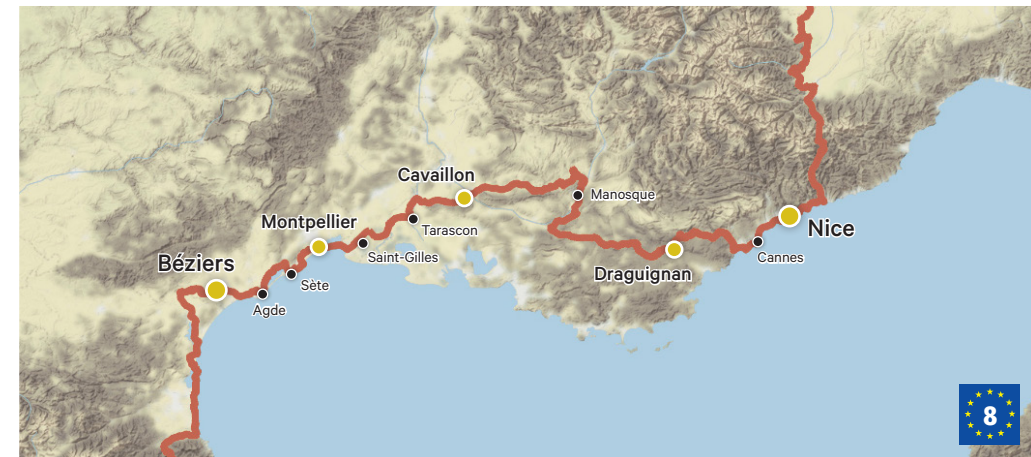
## TOURIST INFORMATION CENTRES

To check services along the route (**Accueil Vélo**) visit [www.lamediterraneeavelo.com](http://www.lamediterraneeavelo.com)

## BEZIERS – MONTPELLIER SECTION 1 - 93 km

FROM 2019-2113 KM

Beziers – Agde – Sète – Montpellier



## MONTPELLIER – CAVAILLON SECTION 2 - 133 km

FROM 2,113-2,246 KM

Montpellier – Tarascon – Cavaillon



CANAL DE JONCTION, SALLES D'AUDE, FRANCE

## CAVAILLON – DRAGUIGNAN SECTION 3 - 244 km

FROM 2,246-2,490 KM

Cavaillon – Manosque – Draguignan

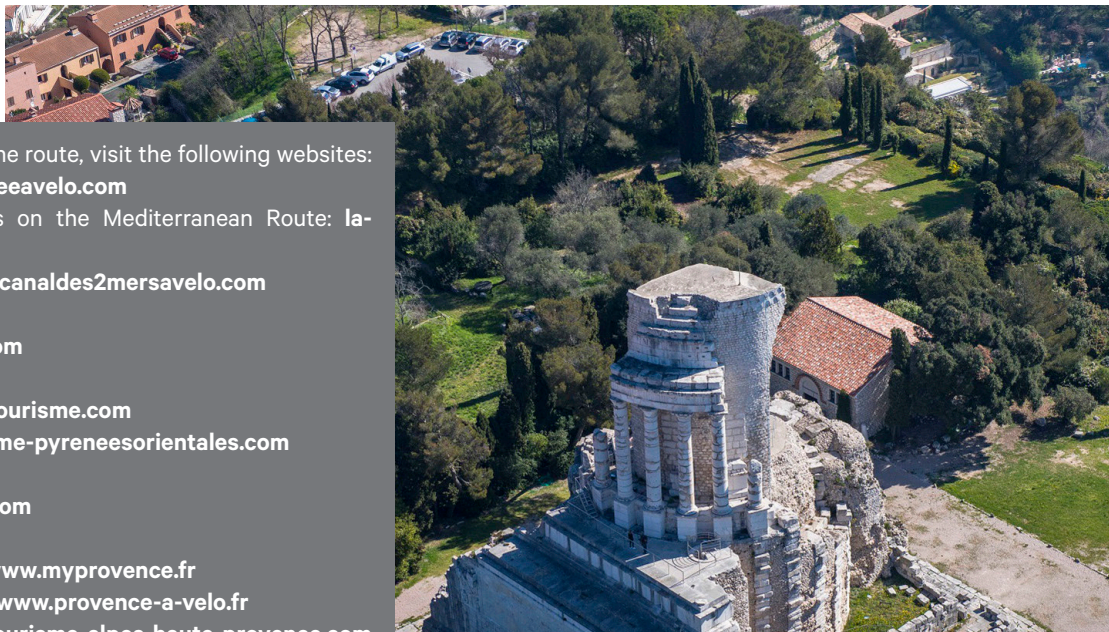
## DRAGUIGNAN – NICE SECTION 4 - 142 km

FROM 2,490-2,632 KM

Draguignan – Grasse – Antibes – Cannes – Nice



TROPÆUM ALPIUM, LA TURBIE, FRANCE



## INFO

For more information about the French part of the route, visit the following websites:

- La Méditerranée à vélo: [www.lamediterraneavelo.com](http://www.lamediterraneavelo.com)
- Travel journey of the Poulets Bicyclettes on the Mediterranean Route: [la-mediterraneavelo.wordpress.com](http://la-mediterraneavelo.wordpress.com)
- Véloroute du canal des 2 mers à vélo: [www.canaldes2mersavelo.com](http://www.canaldes2mersavelo.com)
- ViaRhôna: [www.viarhona.com](http://www.viarhona.com)
- CRT Occitanie: [www.tourisme-occitanie.com](http://www.tourisme-occitanie.com)
- CRT PACA: [www.tourismepaca.fr](http://www.tourismepaca.fr)
- CRT Côte d'Azur France: [www.cotedazur-tourisme.com](http://www.cotedazur-tourisme.com)
- Pyrénées Orientales Tourisme: [www.tourisme-pyreneesorientales.com](http://www.tourisme-pyreneesorientales.com)
- Aude Tourisme: [www.audetourisme.com](http://www.audetourisme.com)
- Hérault Tourisme: [www.herault-tourisme.com](http://www.herault-tourisme.com)
- Gard Tourisme: [www.tourismegard.com](http://www.tourismegard.com)
- Provence Tourisme (Bouches-du-Rhône): [www.myprovence.fr](http://www.myprovence.fr)
- Vaucluse Provence attractivité (Vaucluse): [www.provence-a-velo.fr](http://www.provence-a-velo.fr)
- ADT des Alpes-de-Haute-Provence: [www.tourisme-alpes-haute-provence.com](http://www.tourisme-alpes-haute-provence.com)
- Var Tourisme: [www.visitvar.fr](http://www.visitvar.fr)
- Chemins des Parcs: [www.cheminsdesparcs.fr](http://www.cheminsdesparcs.fr)
- Vélo Loisir Provence: [www.veloloisirprovence.com](http://www.veloloisirprovence.com)

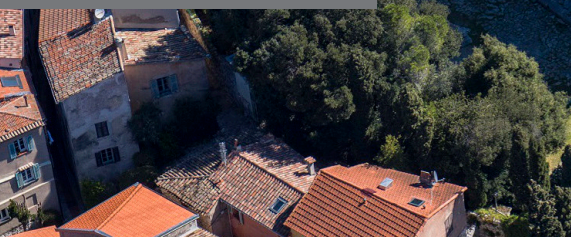
## SIGHTS AND ATTRACTIONS

**City of Agde**

As in a play in four acts, here comes the Canal du Midi and the round lock of Agde, a World Heritage Site by UNESCO, the museum of the Ephèbe d'Agde, and Pézenas, city of art and history, also city of Molière where his memory hovers over the Gély's barber shop.

**Aigues-Mortes Gard Camargue**

Land of bulls, horses and migratory birds, the Gard Camargue unrolls a unique natural environment from which appears Aigues-Mortes, symbol of the power of Saint-Louis. Its ramparts are fitted with six towers, along the rampart walk stand the "fleur de sel" salt mounds from the Salins du Midi.

**City of Sète**

The authenticity of the "Singular Island" is obvious: fishing, pleasure and trade harbour. Sète lives in accordance with the flow of the sea, in an armada of old ships, gathered in spring or summer, during the water jousts at the terminus of the Canal du Midi.

**La Grande Motte**

Paradise of soft mobility in the shade of pines, the only French city labeled "heritage of the Twentieth Century" in its entirety, La Grande Motte also gives favour to green spaces and water sports on 7 km of sandy beaches full of restaurants and shops.

**The fortress of Tarascon, access way to the Alpilles Natural Regional Park**

The castle of Tarascon is one of the most beautiful fortresses of Europe built by the Princes of Anjou, Counts of Provence. Over the centuries, the building became a

CANNES, FRANCE



prison and a detention house until 1926. Today, the castle is a shelter for the René d'Anjou art center which offers many exhibitions of contemporary art creation.

**Saint-Rémy de Provence**

In the heart of the Alpilles, this city famous for being one of the major inspirations of Vincent Van Gogh, is full of treasures. Lovers of old stones will be conquered by the centre and the ancient remains. And gourmets will delight with a local food original menu at the "Terrasses de l'Image".

**Julien Bridge on Via Domitia, Luberon Natural Regional Park**

The Pont Julien was built on Via Domitia, the oldest road in France built by the Romans, which connected Spain to Italy. Julius Caesar ordered its construction between 27 BC and 14 AD. This three arches limestone bridge spans the Calavon River.



Photo: Joel Damase

## EXCURSION

**Grasse, world capital of perfume and UNESCO site**

A 5 km marked route leads you to this eleventh century city, city of art and history, balcony of the Mediterranean, between the sea and the mountains. Grasse offers a way of life in the heart of the territory, in the land of "terraces" and olive groves. Cradle of the global perfume industry - the perfume and flavour industry employs 2,700 people for a turnover of 600 million euros - it has just been labeled by UNESCO as Intangible Cultural Heritage for "Perfume-related know-how in the Pays de Grasse".

More information on [www.ville-grasse.fr](http://www.ville-grasse.fr)

**The Sillans waterfall, Verdon Natural Regional Park**

The village of Sillans, Provençal jewel protected by its fortified walls and defensive towers is surrounded by vegetation. The river Bresque runs nearby. And not far, the beautiful waterfall that flows below gives the village magic and freshness. A belvedere has been arranged to admire it from its full height.

**Antibes' Fort Carré**

Located on the Saint-Roch peninsula, once a defensive building, it is today the proud landmark of the city and a museum listed as a Historic Monument.

**Castle of Nice and its panorama on the Baie des Anges**

The remains of the castle are perched on a rocky promontory between the old port and the Promenade des Anglais. Built in the eleventh Century, the castle was dismantled in 1706 by Louis XIV. Since then, a beautiful garden allows to contemplate the breathtaking view on the Baie des Anges.

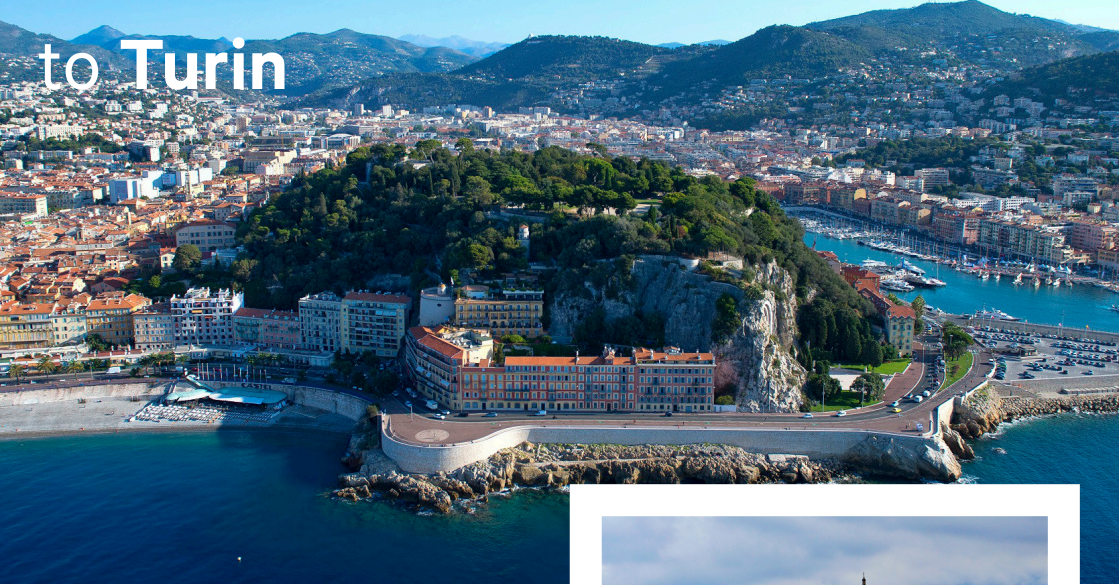
## BIKE SERVICE

To check services along the route (**Accueil Vélo**) visit [www.lamediterraneavelo.com](http://www.lamediterraneavelo.com)



COLLINE DU CHÂTEAU, NICE, FRANCE

# From Nice to Turin



The stage starts in Nice and then crosses the little French stretch that separates France from Italy.

The road from Nice to Menton is rich with spectacular panoramas, both natural and architectural. After having crossed the French border in Ventimiglia, the EuroVelo 8 itinerary climbs up till Cuneo on its way to the city of Turin.



MENTON, FRANCE



## INFO

Please note that an **alternative itinerary is being planned** up the Roja valley near Ventimiglia. In the meantime, it is served by an interregional transboundary train ([www.trenitalia.com](http://www.trenitalia.com)) with bicycle carriage with two couples of trips a day in both directions. The railway is one of the most spectacular in the world. The rail trip is itself an experience!

## NICE – LIMONE SECTION 1 - 88 km

FROM 2,632-2,720 KM

Nice – Menton – Ventimiglia – Limone



VENTIMIGLIA, ITALY

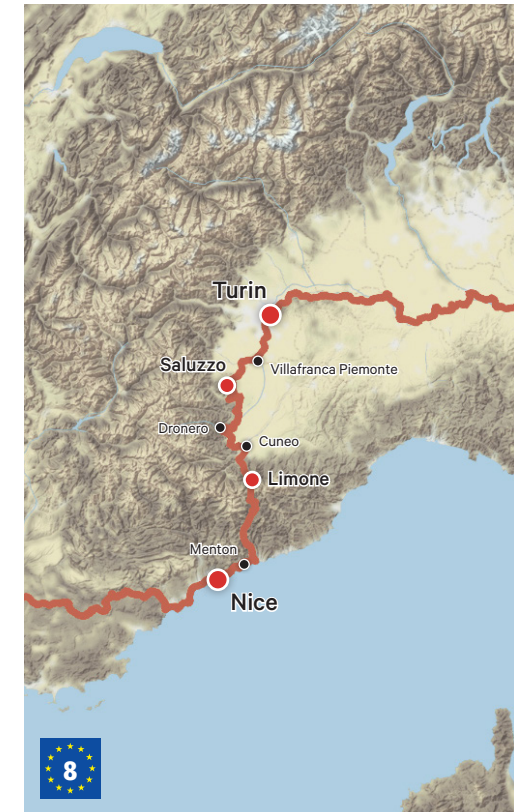
MENTON, FRANCE



## LIMONE – SALUZZO SECTION 2 - 90 km

FROM 2,720-2,810 KM

Limone – Vernante – Robilante – Borgo San Dalmazzo – Cuneo – Dronero – Saluzzo



## SALUZZO – TURIN

SECTION 3 - 82 km

FROM 2,810-2,892 KM

Saluzzo – San Firmino – Villafranca Piemonte – Pancalieri – Carignano – Moncalieri – Turin



## EXCURSION

## Corona di Delizie

The Corona di Delizie (Delights Crown) is a 90 km cycle ring encompassing the Residences of the Royal House of Savoy (UNESCO site) and the most beautiful natural and cultural gems around Turin. The three most important castles are the Valentino's one (today Architecture Faculty of the Politechnic), Rivoli (Museum of Contemporary Arts) and Venaria, famous for its garden. You can have a challenging excursion climbing the Superga hill or just take a stroll along the "Murazzi" (walls of the Po).

More information on [www.bicitalia.org](http://www.bicitalia.org)



VAL RAHMEH BOTANICAL GARDEN, MENTON, FRANCE

## SIGHTS AND ATTRACTIONS

**Beaulieu-sur-Mer**

A beautiful Mediterranean resort village with its own marina on the French Riviera. Make sure to visit the Ancient Greek inspired Villa Kerylos built in the early 1990s by Theodore Reinach.

**Attractions in Monaco**

If you deviate a bit from the itinerary, you can visit Monaco and its famous sights and attractions such as the Monte Carlo Casino, Port de Fontvieille, Formula 1 Grand Prix circuit and the 'Jardin Exotique'.

**Promenade du Soleil in Menton**

With the beach on side and the city on the other, experience the quintessential Mediterranean journey by cycling along this long promenade.

**Val Rahmeh Botanical Garden in Menton**

Over a 100 years old, this garden houses many tropical and subtropical plants from Asia and South America. It was once only accessible to the nobility but opened to the public in 1967.

**Plage des Sablettes in Menton**

You can find this splendid beach beneath the city's Saint-Michel Basilica. It offers a great view over the French-Italian border.

**Le Calandre Beach in Ventimiglia**

Take a break on the sandy shores of the city. The beach is accessible by a cliff-side path which leads to clear waters and a spectacular view of the Mediterranean.

**Giardini Botanici Hanbury in Ventimiglia**

Known as one of the most beautiful gardens in Italy, it was established in 1867 by Sir Thomas Hanbury on a small, steep peninsula overlooking the sea. Make sure to check its vast collection of plants!

**The Riserva Bianca in Limone**

One of the oldest ski resorts in Italy. The ski area of the Riserva Bianca has over 80 km of slopes.

**City of Cuneo**

Located near several mountain passes, the city is 500 m above sea level. Cyclists can visit its famous museums and monuments. Foodies should not miss Cuneo's specialty, the Cuneesi al rhum, small meringues with dark chocolate coating and a rum-based filling.

**Duomo di Saluzzo**

Built in 1491, this historic cathedral stands out for its Lombard-Gothic style. Inside, you can admire the Baroque high altar and the 14th century wooden crucifix.

**City of Turin**

The city is an important business hub and has a rich culture and history. We recommend stopping by the UNESCO site of Residences of the Royal House of Savoy as well as Turin's renowned National Museum of Cinema, art galleries and public squares.



TURIN, ITALY



VENTIMIGLIA, ITALY

## TOURIST INFORMATION CENTRES

**Iat Ventimiglia**

via Hanbury  
+39 0184 351183  
[www.visitrivieradeifiori.it](http://www.visitrivieradeifiori.it)

**Agenzia di accoglienza e promozione turistica locale della provincia di Alessandria "Alexala"**

Piazza Santa Maria di Castello, 14  
+39 0131 288095  
[www.alexala.it](http://www.alexala.it)

**Azienda turistica locale del Cuneese**

Via Pascal, 7 (piazza ex Foro Boario)  
+39 0171 690217  
[www.cuneoholiday.com](http://www.cuneoholiday.com)

**Ente turismo Alba Bra Langhe e Roero**

Piazza Risorgimento, 2  
+39 0173 362807  
[www.langheroero.it](http://www.langheroero.it)

**Agenzia di accoglienza e promozione turistica locale "Turismo Torino e Provincia"**

Uffici e Sede Legale Via Maria Vittoria, 19  
+39 011 8185011  
[www.turismotorino.org](http://www.turismotorino.org)





VIADANA, MANTUA, ITALY

## INFO

For a list of bike-friendly tourist accommodations in Mantua, visit the website [www.eurovelo8mantova.eu/en](http://www.eurovelo8mantova.eu/en)

# From Turin to Venice

For most of this stage, EuroVelo 8 follows the course of the River Po. In the region of Mantua, the best gastronomy meets the majesty of the Po river. After connecting to the Adriatic, the route heads north along the outer islands of the Venice Lagoon.

Beginning in the lively city of Turin, the river and the cycle route make their way across gently undulating countryside largely on dedicated cycling infrastructure, which makes the route ideal for families or people new to cycling tourism.

The route does not directly meet the city of Mantua, although it is easily reachable by bike from the Po river cycling route. Cyclists can visit Sabbioneta with its defensive walls, the chess-board layout of the streets and public spaces. Viadana, a town famous for the MuVi museum.

The "Oltrepò Mantovano" territory, which is rich in beautiful courts, Matilde di Canossa's parish churches, water-pumps facilities and rural dwellings. Some suggestions to explore this region are the "Galleria del Premio" Museum in Suzzara, the "Po river" Museum in Revere, the "Tartufo" Museum in Borgofranco, the Oltrepò Mantovano Parks System, and tasting the "tirotto" bread of Felonica with the sparkling Lambrusco mantovano.

It is necessary to use ferries to island hop along Venice Lagoon, but we strongly recommend a visit to romantic Venice!



## TURIN – PIEVE DEL CAIRO SECTION 1 - 142 km

FROM 2,892-3,034 KM

Turin – Chivasso – Casale Monferrato – Pieve del Cairo



QUISTELLO, MANTUA, ITALY

## PIEVE DEL CAIRO – SAN BENEDETTO PO SECTION 2 - 298 km

FROM 3,034-3,332 KM

Pieve del Cairo – Pavia – Piacenza – Cremona – Viadana – San Benedetto Po

## SAN BENEDETTO PO – VENICE SECTION 3 - 256 km

FROM 3,332-3,588 KM

San Benedetto Po – Felonica – Ferrara – Mesola – Porto Viro – Venice



POLIRONE ABBEY, SAN BENEDETTO PO, ITALY





## TOURIST INFORMATION CENTRES

To check services along the route, please visit the following touristic websites

### Regione Emilia Romagna

[www.comune.piacenza.it/benvenuti/iat-piacenza](http://www.comune.piacenza.it/benvenuti/iat-piacenza)

[www.turismo.comune.parma.it/canali-tematici/servizi-e-fiere/servizi-turistici/uffici-informazione/iat-ufficio-informazione-e-accoglienza-turistica-di-parma](http://www.turismo.comune.parma.it/canali-tematici/servizi-e-fiere/servizi-turistici/uffici-informazione/iat-ufficio-informazione-e-accoglienza-turistica-di-parma)

[www.emiliaromagnaturismo.it/it](http://www.emiliaromagnaturismo.it/it)

### Regione Lombardia

[www.in-lombardia.it/en](http://www.in-lombardia.it/en)

[www.in-lombardia.it/it/infopoint](http://www.in-lombardia.it/it/infopoint)

[www.in-lombardia.it/it/punti-informazione/infopoint-casa-lmaggiore](http://www.in-lombardia.it/it/punti-informazione/infopoint-casa-lmaggiore)

[www.in-lombardia.it/it/punti-informazione/infopoint-ufficio-turismo-del-comune-di-milano](http://www.in-lombardia.it/it/punti-informazione/infopoint-ufficio-turismo-del-comune-di-milano)

[www.in-lombardia.it/it/punti-informazione/ufficio-turistico-di-lodi](http://www.in-lombardia.it/it/punti-informazione/ufficio-turistico-di-lodi)

[www.in-lombardia.it/it/punti-informazione/infopoint-cremona](http://www.in-lombardia.it/it/punti-informazione/infopoint-cremona)

### Regione Veneto

[www.veneto.eu/EN/Touristic\\_info](http://www.veneto.eu/EN/Touristic_info)

[www.veneto.eu/iat/elenco\\_iat.asp?prov=RO&I=EN](http://www.veneto.eu/iat/elenco_iat.asp?prov=RO&I=EN)

[www.veneto.eu/iat/elenco\\_iat.asp?prov=VE&I=EN](http://www.veneto.eu/iat/elenco_iat.asp?prov=VE&I=EN)



PO RIVER, SAN BENEDETTO PO, ITALY

## SIGHTS AND ATTRACTIONS

### Polirone Abbey

Situated in San Benedetto Po main square, the abbey was founded in 1007 and soon became one of the most important abbeys in the north of Italy. In 1513, Correggio painted the refectory, while in 1537 Giulio Romano entirely renovated the church.

### Mincio River Park

History, archeology, art and the environment intersect in the territory of the Mincio Park. Cyclists can visit protected areas, Nature Reserves and Sites of Community Interest that can be found along the routes marked or in their immediate vicinity.

### Southern Oglio Park

In this area straddling the provinces of Mantua and Cremona, cyclists can visit the Nature Reserve "Torbiere di Marcaria", interesting from a naturalistic and landscape point of view.

## BIKE SERVICE

### Simonazzi Cicli Moto Scooter

Via Valcarenghi 29  
+39 376 919 290

### Hotel Passacor

Strada Provinciale Ferrarese 4  
+39 038 641 461

### Canellini Ermanno e Giovanni

Via Contrargine Nord 14  
+39 037 696 495

### Mantovabikexperience

Via Bacchelli 6  
+39 3381 208 689

### V.F.King Speedy di Fava Vanni

Via Nazario Sauro 4  
+39 376 625 181

### Free-Ride

Via R. Chiarellotto 26  
+39 376 615 599

### Gobatti Valerio

Via Indipendenza 71  
+39 038 661 959

### Bike Suzzara di Finardi Cesare

Via A. Gramsci 2  
+39 376 534 753

### Bioriva

Via Becagli 39  
+39 3339 330 885

### Manfredini Claudio

Via A. Manzoni 6/D  
+39 376 531 667

### Staffa Marco

Via A. Manzoni 6/D  
+39 376 535 354

## INFO

For further information about this stage, consult these websites

[www.iat.terredimantova.it/cicloturismo](http://www.iat.terredimantova.it/cicloturismo)

[www.oltrepomantovano.eu/chi-siamo](http://www.oltrepomantovano.eu/chi-siamo)

[www.sipom.eu](http://www.sipom.eu)



## EXCURSION

### Chartreuse of Pavia

Founded in 1396, the Chartreuse is one of the most renowned monuments of Renaissance art in Italy. The building was completed in 1542 and was also used as a "mausoleum" for the Visconti dynasty. The church features cloisters for ceremonies and where the monks lived, worked and prayed absolutely alone. The guest rooms currently accommodate the Museum of the Chartreuse. The whole complex is surrounded by fields, lawns and vineyards. Inside, the church hosts valuable paintings, sculptures and decorations.

More information on [www.certosadipavia.gov.it](http://www.certosadipavia.gov.it)





## INFO

Find more info about the Italian region of Friuli Venezia Giulia at [www.turismofvg.it/bike](http://www.turismofvg.it/bike)

# From Venice to Rijeka

Following the coast of the Gulf of Venice at the northern end of the Adriatic Sea, travel through three different countries – Italy, Slovenia and Croatia – some unforgettable cities, kilometres of golden sand and some world class attractions.

After taking in all that Venice has to offer, the next major site that visitors heading eastwards will meet is the UNESCO World Heritage listed archaeological area of Aquileia. It is then a short ride to the cosmopolitan city of Trieste which was the main port of the Austro-Hungarian Empire. It retains many of the attractive buildings and public spaces that were built at that time.

The route in Slovenia known as Parenzana (the path of health and friendship) runs along the former narrow gauge railway. The railway connected Trieste with Poreč and has become a symbol of friendship between Slovenian, Italian and Croatian municipalities. Parenzana leads through old towns and villages and is directed through short illuminated and decorated tunnels crossing the valleys and climbs through the hills.

The route comes from Slovenia to Sečovlje/Plovonija border crossing and welcomes cyclists on the Croatian side of the Istrian peninsula. Continue on the Parenzana and follow idyllic roads through the vineyards and olive groves of Savudrija and picturesque fishing towns of Umag, Novigrad, Vrsar, Fažana and Medulin. Visit the town of Poreč, colourful town of Rovinj and Pula, the largest city in Istria. The hilly part of the Istrian peninsula gives insight to medieval towns such as Barban, Labin, Kršan and Plomin. Panoramic road D66 offers a stretch of Kvarner bay coastline with elegant Lovran and Opatija Riviera on the foothills of Učka Mountain. The section finishes in the city of Rijeka, the largest port in the country. Rijeka, the European Capital of Culture 2020, shouldn't be missed for its unique row of Baroque houses, as well as fascinating museums and diverse music and art scene set in an industrial ambience.

## VENICE – TRIESTE SECTION 1 - 246 km

FROM 3,588-3,834 KM

Venice – Jesolo – Lignano Sabbiadoro – Grado – Trieste



Photo: M. Danesin  
CASTLE OF DUINO, FRIULI VENEZIA GIULIA, ITALY

## PIRAN – ROVINJ SECTION 3 - 118 km

FROM 3,876-3,994 KM

Piran – Umag – Novigrad – Poreč – Rovinj

## TRIESTE – PIRAN SECTION 2 - 42 km

FROM 3,834-3,876 KM

Trieste – Koper – Izola – Piran

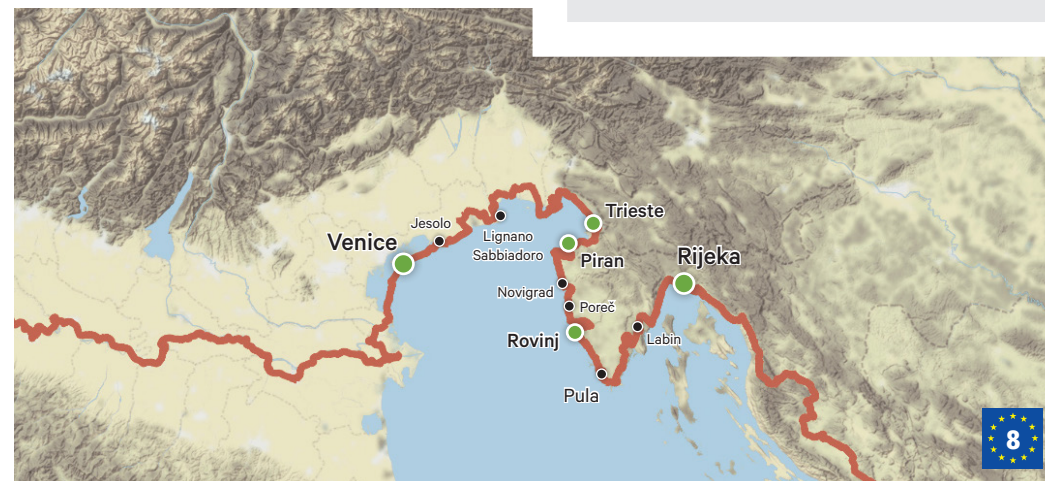


Photo: M. Danesin  
CASTLE OF MIRAMARE, FRIULI VENEZIA GIULIA, ITALY

## ROVINJ – RIJEKA SECTION 4 - 184 km

FROM 3,994-4,178 KM

Rovinj – Pula – Labin – Opatija – Rijeka







SLOVENIA

AQUILEIA, FRIULI VENEZIA GIULIA, ITALY

## SIGHTS AND ATTRACTIONS

### Lignano Sabbiadoro

One of Italy's most renowned seaside resorts. Lignano actually encompasses three spirits: Sabbiadoro, perfect for shopping and nightlife; Pineta, for a quiet holiday surrounded by greenery; and Riviera, a relaxing area with a luxuriant maritime pine wood.

### City of Aquileia

UNESCO World Heritage site featuring one of the largest and wealthiest cities of the Early Roman Empire, well explained in the National Archaeological Museum. The entire floor of the early Christian Basilica is a wonderful coloured mosaic of the 4th century.

### Grado

It is known as "Island of the Sun", because its 8km of beaches are always exposed to the sun. Its picturesque historic center is of Venetian origin, a maze of narrow streets (calli) and small squares (campi) enriched by Roman archaeological remains and early Christian basilicas.

### Isola della Cona

Natura 2000 protected area, Isola della Cona is part of the Natural Reserve called Foce dell'Isonzo, it is located along the last 15 km of the river Isonzo and has been recognised as best area in Italy for birdwatching.

### City of Trieste and Miramare Castle

Austro-Hungarian influences are all evident in this port city's layout, which encompasses a medieval old city and a neoclassical Austrian quarter. A visit to Miramare Castle and park along the seacoast is an unforgettable experience!

### City of Koper

It used to be an island and a salt panning town. The long-standing rule of the Venetian Republic has left a fantastic architectural heritage. Today, it's both a commercial and tourist city, continuing to develop its offer in terms of seaside resorts, nautical tourism, sports and shopping.

### The Strunjan Landscape Park

A unique, preserved piece of a great biodiversity and conservation in the Gulf of Trieste. The natural reserve features up to 80 m high cliff the lagoon and salt pans.

### Cape Savudrija Lighthouse

The oldest active lighthouse in the Adriatic, built in 1818.

### The Euphrasian Basilica in Poreč

UNESCO listed cathedral complex famous for its figurative mosaics that are among the finest of its kind in Europe.

### Aeropark in Vrsar

The Sports Airport Vrsar offers panoramic flights and old planes exhibition all year round.

### Lim Bay

Lim Bay is part of the 35 km long Limska draga hollow that stretches almost to the very heart of Istria.

### Batana House Eco Museum in Rovinj

Museum dedicated to the fishing tradition of Rovinj and traditional boat batana, inscribed in the UNESCO Register of Good Safeguarding practices for intangible cultural heritage of the world.

### Amphitheater in Pula (the Arena of Pula)

Built in the 1st century AD, Arena once was the site of

FRIULI VENEZIA GIULIA, ITALY

## INFO



Photo: Giulia Cortesi

In Venice, a part of the route goes on public ferryboats, you can visit the local website [www.actv.avmspa.it/en/content/actv-ferry-boat](http://www.actv.avmspa.it/en/content/actv-ferry-boat) for more details

gladiator fights and today is the venue for many events since its capacity is around 5000 spectators.

### Lungomare in Opatija

Famous 10 km long seafront promenade connecting Lovran and Volosko has been Opatija landmark for more than 100 years.

### Učka Nature Park

The park encompasses Mount Učka and a part of the Čičarija mountain range. The area is characterised by a particular climate and lush forest vegetation. Hike along the mythical and educational paths of the Park and enjoy spectacular view of Kvarner from Učka highest peak Vojak.

### Trsat Castle in Rijeka

A lookout on a hill 138 meters above sea level offering a magnificent view of the Rijeka's Old City.

### Astronomical Centre Rijeka

The first astronomy centre in Croatia that includes both an observatory and a planetarium with digital technology. A fine viewpoint from the hill of Sveti Križ.

### Torpedo launch station in Rijeka

The torpedo was invented in Rijeka where the first torpedo factory in the world opened in 1875.

## EXCURSION

### Brijuni National Park

The Brijuni archipelago is located in the south of the Istrian peninsula and is easily reachable by boat from Fažana near Pula. The National Park features combination of untouched nature, fascinating history and cultural heritage. Enjoy relaxing 13 km bicycle ride along the island of Veliki Brijun – unique nature, archaeological sites and ancient dinosaurs' tracks.

More information on [www.parkovihrvatske.hr](http://www.parkovihrvatske.hr)

## BIKE SERVICE

A list of bike service shops for Friuli Venezia Giulia can be found at [www.turismofvg.it/POI/Map](http://www.turismofvg.it/POI/Map)

### Velocenter Koper

Ljubljanska 3, 6000 Koper  
+386 56 202 460

### Ritoša

Gorkijeva ulica 8, 6310 Izola  
+386 59 977 886

### Luma sport

Dantejeva ulica 3, 6330 Piran  
+386 41 781 414

### Bikeart

Obala 103, 6320 Portorož  
+386 59 037 891

### Davor Bike Umag

Prva Ulica 3A - Murine, 52470 Umag  
+385 98 532 427

### Extremus

Murvi 15, 52466 Novigrad  
+385 52 759 488

### Lera Sport Rovinj

Ulica Tina Ujevića 20, 52210 Rovinj  
+385 52 818 225

### Bike Peroj

Peroj 130, 52215 Vodnjan  
+385 52 520 098

### Malupe Sport

Scalierova 24, 52100 Pula  
+385 52 210 037

### BRB Sport

F. Mošnjaja 5, Šišan, 52204 Ližnjan  
+385 52 574 680

### Ciklus bicikli

Štrmac 118, 52220 Labin  
+385 91 578 7251

### Bike Center Rabac

Ulica slobode 84, 52221 Rabac  
+385 91 902 8363

### Bike Shop Rijeka "RI-Bike"

Krešimirova 58, 51000 Rijeka  
+385 51 550 396

## TOURIST INFORMATION CENTRES

### Lignano Pineta Tourist Office

Via dei Pini 53, 33054 Lignano Pineta  
+390 43 142 2169  
[www.promoturismo.fvg.it](http://www.promoturismo.fvg.it)

### Aquileia Tourist Office

Via Giulia Augusta 11, 33051 Aquileia  
+390 43 191 9491  
[www.promoturismo.fvg.it](http://www.promoturismo.fvg.it)

### Grado Tourist Office

Viale D. Alighieri 66, 34073 Grado  
+390 43 187 7111  
[www.promoturismo.fvg.it](http://www.promoturismo.fvg.it)

### Trieste Tourist Office

Via dell'Orologio 1, 34121 Trieste  
+390 40 347 8312  
[www.promoturismo.fvg.it](http://www.promoturismo.fvg.it)

### Portorož Tourist Board

Obala 16, 6320 Portorož  
+386 56 742 220  
[www.portoroz.si](http://www.portoroz.si)

### Tourist information centre Koper

Titov trg 3, 6000 Koper  
+386 56 646 403  
[www.koper.si](http://www.koper.si)

### Tourist information centre Izola

Sončno nabrežje 4, 6310 Izola  
+386 56 401 050  
[www.visitizola.com](http://www.visitizola.com)

### Istria County Tourist Board

Pionirska 1, 52440 Poreč  
+385 52 452 797  
[www.istra.hr](http://www.istra.hr)

### Umag Tourist Board

Trgovačka 6, 52470 Umag  
+385 52 741 363  
[www.coloursofistria.com](http://www.coloursofistria.com)

### Novigrad Tourist Board

Mandrač 29/A, 52466 Novigrad  
+385 52 757 075  
[www.coloursofistria.com](http://www.coloursofistria.com)

### Tourist Information Centre Poreč

Zagrebačka 9, 52440 Poreč  
+385 52 451 293  
[www.myporec.com](http://www.myporec.com)

### Rovinj Tourist Board

Obala Pina Budicina 12, 52210 Rovinj  
+385 52 811 566  
[www.rovinj-tourism.com](http://www.rovinj-tourism.com)

### Tourism Office Pula

Forum 3, 52100 Pula  
+385 52 219 197  
[www.pula-info.hr](http://www.pula-info.hr)

### Tourist Information Centre Labin

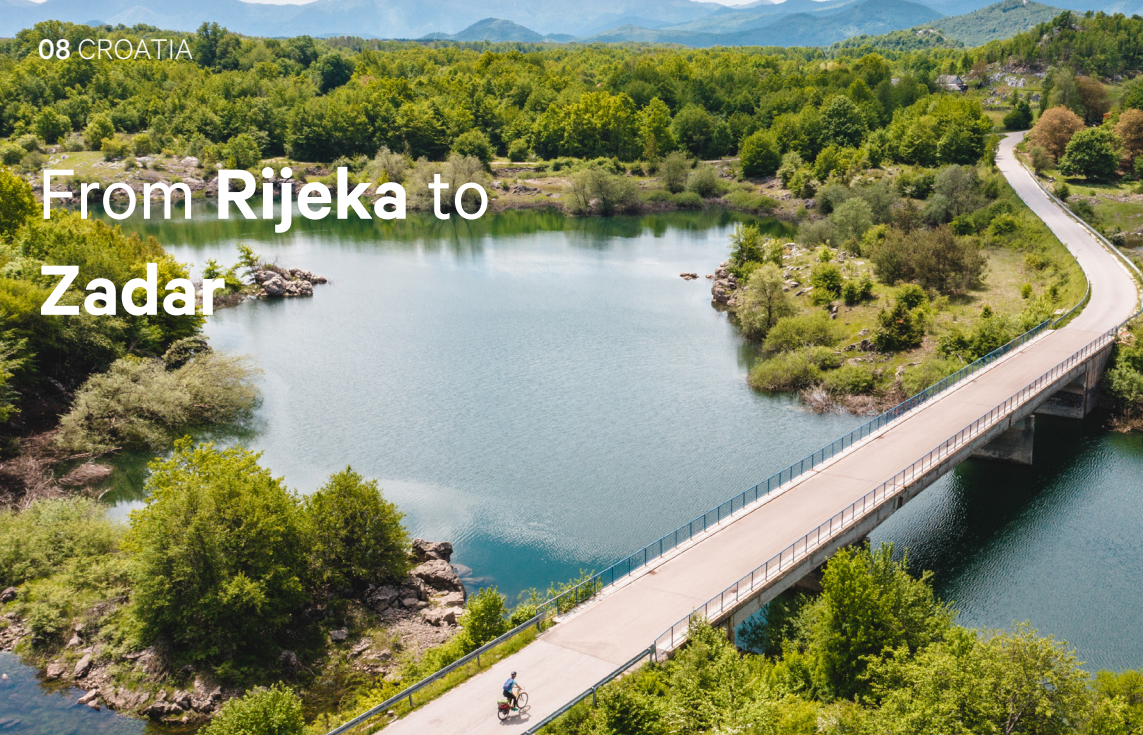
Titov trg 2/1, 52220 Labin  
+385 52 855 560  
[www.istra-rabac.com](http://www.istra-rabac.com)

### Tourist Information Centre Opatija

M. Tita 128, 51410 Opatija  
+385 51 271 310  
[www.visitopatija.com](http://www.visitopatija.com)



# From Rijeka to Zadar



## RIJEKA – OTOČAC SECTION 1 - 132 km

FROM 4,178-4,310 KM

Rijeka – Bribir – Krasno Polje – Otočac



Photo: Ivan Šardi/CNTB

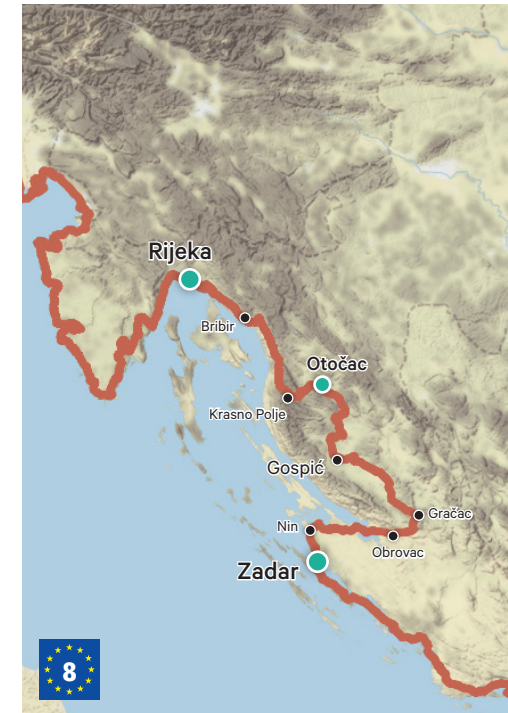


Photo: Ivan Šardi/CNTB

The route from Rijeka leads to the south on the panoramic coastal road D8 above historic towns of Bakar and Kraljevica to Križišće where it enters a spacious, green Vinodol valley.

Hilly and mountainous terrain starts from here on with numerous picturesque highland villages. The unforgettable views of the Adriatic Sea and its islands as well as the karst topography of the biggest Croatian mountain Velebit are the highlights of a significant part of this stage. Must see sights of Lika Region are the Visitors Center of Northern Velebit National Park in Krasno Polje, Gacka River valley and springs with traditional water mills in Sinac, Cave park Grabovača, Nikola Tesla Memorial Center in the village of Smiljan and the Cеровac Caves near Gračac. Returning to coastal Croatia cyclists are sure to have beautiful view of the Zrmanja River and its stunning canyon where several of Winnetou films were shot in the 1960's. Sandy lagoons and centuries old tradition of salt cropping are the highlights of the historic town of Nin. Finally, the vibrant atmosphere of the city of Zadar invites for a ride or relaxing walk along its waterfront to enjoy the most beautiful sunset in the world, as Alfred Hitchcock once said.



Photo: Ivan Šardi/CNTB

NIN, CROATIA

## SIGHTS AND ATTRACTIONS

### Nova Kraljevica Castle and Visitors Center

A late-Renaissance castle representing just one part of the rich heritage of the noble Croatian families of Frankopan and Zrinski.

### Celestial Labyrinths and the Glass Chapel of the Holy Cross in village Omar, Luka Krmpotska

The Labyrinths are connected to astronomical patterns with a highly positive effect on the environment while the Chapel is a monument of unique value and a rare example of Secession-style sacral architecture.

### Velebit House - Northern Velebit National Park Visitors Centre in Krasno Polje

Information centre in the village of Krasno displaying the richness of cultural and natural values of Velebit mountain.

### Water Mills on the Gacka River in Sinac

Restored old wooden mills located in the area known as Majerovo vrilo where visitors can learn about methods of grinding grains – wheat, rye, millet and corn.

### Bear Sanctuary in Kuterevo

A refuge for orphan brown bears ran by locals and international volunteers who help them to live there happily and safe.

## OTOČAC – ZADAR SECTION 2 - 218 km

FROM 4,310-4,528 KM

Otočac – Gospić – Gračac – Obrovac – Nin – Zadar



Photo: Aleksandar Gospić/CNTB  
ZADAR, CROATIA





Photo: Ivan Šardi/CNTB

## TOURIST INFORMATION CENTRES

**Kvarner Tourist Board**, N. Tesle 2, 51410 Opatija  
+385 51 272 988, [www.kvarner.hr](http://www.kvarner.hr)

**Tourist Information Centre Rijeka**, Korzo 14, 51000 Rijeka  
+385 51 335 882, [www.visitrijeka.eu](http://www.visitrijeka.eu)

**Tourist Office of Vinodol District**, Bribir 1, 51253 Bribir  
+385 51 248 730, [www.tz-vinodol.hr](http://www.tz-vinodol.hr)

**Senj Tourist Board**, Stara cesta 2, 53270 Senj  
+385 53 881 068, [www.visitsenj.com](http://www.visitsenj.com)

**Otočac Tourist Board**, Ulica kralja Zvonimira 17, 53220 Otočac  
+385 53 771 603, [www.tz-otocac.hr](http://www.tz-otocac.hr)

**Gospić Tourist Board/Information Centre**, Bana I. Karlovića 1, 53000 Gospić  
+385 53 560 752, [www.visitgospic.com](http://www.visitgospic.com)

**Lika-Senj County Tourist Board**, Budačka 12, 53000 Gospić  
+385 53 574 687, [www.visit-lika.com](http://www.visit-lika.com)

**Obrovac Tourist Board**, Ante Stračevića 34, 23450 Obrovac  
+385 23 689 870, [www.tz-obrovac.hr](http://www.tz-obrovac.hr)

**Nin Tourist Board**, Trg braće Radića 3, 23232 Nin  
+385 23 265 247, [www.nin.hr](http://www.nin.hr)

**Zadar Tourist Board/Information Centre**, Jurja Barakovića 5a, 23000 Zadar  
+385 23 316 166, [www.zadar.travel](http://www.zadar.travel)

**Zadar County Tourist Board**, Jurja Barakovića 5, 23000 Zadar  
+385 23 315 316, [www.zadar.hr](http://www.zadar.hr)

## INFO

In Croatia you can also enjoy **alternative island routes** and discover islands of Cres, Krk, Rab, Pag and Korčula. More information at [www.eurovelo8.hr](http://www.eurovelo8.hr)

Photo: Ivan Šardi/CNTB  
KRALJEVICA, CROATIA

## SIGHTS AND ATTRACTIONS

### Cave Park Grabovača in Perušić

The park includes 6 caves and 1 pit, and the most attractive one is 240 m long Samograd Cave consisting of four halls.

### Nikola Tesla Memorial Center in Smiljan village

The museum, housed in his birthplace, and the theme park preserve the memories of Tesla's scientific path presenting over 900 of his inventions.

### Cerovac Caves

Cerovac Caves feature a total of 4 km of explored channels and are the biggest and among most significant speleological structures in Croatia.

### Zrmanja River Canyon

One of the most impressive river canyons in Croatia that served as a filming location for Winnetou movies in 1960s.

### Nin Saltworks and Salt Museum

Learn about the long history of salt cropping in Nin and taste the highly appreciated salt flower.

### Church of the Holy Cross in Nin

Unchanged since the 9th century, the church has been called the smallest cathedral in the world.

### Telašćica Nature Park, Island of Dugi otok

Stunning Telašćica bay is famous for its imposing, steep cliffs, some of which are 161 m high. The bay is approachable by land and partly by road, but for the most part via hiking trails

### Sea Organ and Greeting to the Sun in Zadar

The unique installation built in the underwater part of the

city quay creating the unique 'sea music' and 300 multi-layered glass plates with solar modules producing impressive show of light at night.

### Museum of Ancient Glass in Zadar

One of the city's newest attractions, the museum has an exquisite collection of Roman period glassware.

### The Gold and Silver of Zadar

Extraordinary exhibition of religious art in the Benedictine Convent of St. Mary in Zadar that has been permanent since 1976.

### St. Donatus Church in Zadar

The landmark of the city dating from the early Middle Age, famous for its unusual cylindrical shape.



Photo: Ivan Šardi/CNTB

KRASNO POLJE, CROATIA



Photo: Ivan Šardi/CNTB



Photo: Aleksandar Gospic/CNTB

## EXCURSION

### Plitvice Lakes National Park

Plitvice Lakes is Croatia's best-known and the oldest national park, and has been on the UNESCO List of World Heritage Sites since 1979. The main attractions of this park, unique in the world, are the 16 lakes joined by waterfalls created by the sedimentation of travertine, a special type of limestone. Through a network of paths, visitors can get around and access the numerous waterfalls and the rocky lake shores easily.

More information on [www.parkovihrvatske.hr/national-park-plitvice-lakes](http://www.parkovihrvatske.hr/national-park-plitvice-lakes)

## BIKE SERVICE

**Giro Bike**, Franje Račkog 42, 51000 Rijeka  
+385 51 332 649

**Experience bike & ski shop**, Kastavska cesta 23, 51211 Matulji  
+385 51 277 094

**Vulkanizer Nin**, Put. Grgura Ninskog 46, 23232 Nin  
+385 95 776 8834

**Auto Hrvatska Zadar**, Bana Josipa Jelačića 1c, 23000 Zadar  
+385 23 305 069

**Bianchi Zadar**, Obala kneza Branimira 2H, 23000 Zadar  
+385 23 241 243

**E-bike Zadar**, Oko vrulja 12, 23000 Zadar  
+385 91 569 0969

**Rog Joma**, Obala kneza Branimira 6c, 23000 Zadar  
+385 23 313 288

**Calimero Sport**, Il. Zasljedanje ZAV-NOHA 1, 23000 Zadar  
+385 23 311 010





Photo: Ivan Šardi/CNTB

ŠIBENIK, CROATIA

# From Zadar to Dubrovnik

This stage follows the coastline from Zadar via Šibenik and Split to Dubrovnik. It abounds with UNESCO World Heritage Sites. Besides the famous Dubrovnik Old Town, on the list there are defence system of Zadar, the fortress of St Nicholas and St James Cathedral in Šibenik, historical core of Trogir, the historical complex with Diocletian's Palace in Split and *stećci* - monumental medieval tombstones spread in Split and Dubrovnik Region.

Zadar is the 3,000-year-old city with remarkable historical monuments and unique contemporary attractions such as the Sea Organ and the Greeting to the Sun. Besides for two UNESCO sites, Šibenik is also known for its four fortresses and fantastic viewpoints by the sea. The impressive Diocletian's Palace in Split is one of the best-preserved monuments of the Roman architecture in the world. In Makarska Riviera one can enjoy stunning scenery of Biokovo Mountain and Pelješac peninsula offers a unique ride through breathtaking vineyards and medieval town of Ston. Finally, the glorious walls and fortresses of Dubrovnik offer a magnificent view of the Elaphite Archipelago.

## INFO

Visit the national Croatian website for EuroVelo 8 at [www.eurovelo8.hr](http://www.eurovelo8.hr) for more information about the stages that pass through the country



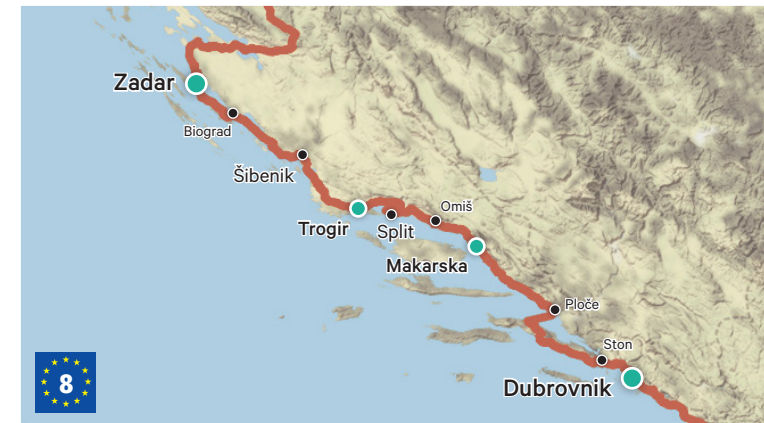
ŽDRELAC BRIDGE, CROATIA

Photo: Ivan Šardi/CNTB

## ZADAR – TROGIR SECTION 1 - 155 km

FROM 4,528-4,683 KM

Zadar – Ugljan – Pašman – Biograd – Šibenik – Trogir



## TROGIR – MAKARSKA SECTION 2 - 114 km

FROM 4,683-4,797 KM

Trogir – Split – Omiš – Makarska



Photo: Ivan Šardi/CNTB

MAKARSKA RIVIERA, CROATIA

PIROVAC, CROATIA



Photo: Ivan Šardi/CNTB

## MAKARSKA – DUBROVNIK SECTION 3 - 182 km

FROM 4,797-4,979 KM

Makarska – Ploče – Trpanj – Ston – Dubrovnik



## BIKE SERVICE

**Bicikle Fržop**

Mičin Stanka 9, 22211 Vodice  
+385 22 443 685

**Top Sport bike shop**

Srima 1/58, 22211 Vodice  
+385 98 726 717

**AM Adria**

L.A. Kabalera 53, 22211 Vodice  
+385 22 442 828

**Iljadica-Rapo**

Ivana Meštrovića 13, 22000 Šibenik  
+385 22 213 159

**Milković bike servis**

Istarska ulica 78, 22000 Šibenik  
+385 22 216 296

**Zjačić**

Bože Peričića 8A, 22000 Šibenik  
+385 22 215 758

**Moto Bean**

Radnička 30, Brodarica, 22000  
Šibenik  
+385 22 351 940

**Bi - Bi**

Ulica fra Ive Perana 16, 21216 Kaštel  
Stari  
+385 91 568 0716

**Extreme bicikla shop**

Kavanjinova 1, 21000 Split  
+385 21 480 428

**Biciklistički centar Peloton**

Ulica Zrinsko Frankopanska 58,  
21000 Split  
+385 21 380 847

**Bike centre Podgora**

Ruđera Boškovića 20, 21327  
Podgora  
+385 21 625 244

**Neretva Bike**

Kneza Branimira 22, 20350 Met-  
ković  
+385 91 568 7713

**Narona Bike**

Put Vida 19, 20350 Metković  
+385 99 825 6646



Photo: Ivan Šardi/CNTB  
SPLIT, CROATIA



OMIŠ, CROATIA

Photo: Ivan Šardi/CNTB

## TOURIST INFORMATION CENTRES

**Preko Tourist Board**

Magazin br. 8, 23273 Preko  
+385 23 286 108  
[www.tz.preko.hr](http://www.tz.preko.hr)

**Tkon Tourist Board**

Mulina 6, 23212 Tkon  
+385 23 25 213  
[www.tzo-tkon.hr](http://www.tzo-tkon.hr)

**Biograd na Moru Tourist Board**

Solina 4, 23210 Biograd na  
Moru  
+385 23 383 123  
[www.tzg-biograd.hr](http://www.tzg-biograd.hr)

**Šibenik-Knin County Tourist Board**

Fra Nikole Ružiča bb, 22000  
Šibenik  
+385 22 219 072  
[www.dalmatiasibenik.hr](http://www.dalmatiasibenik.hr)

**Tourist Information Centre Šibenik**

Obala dr. F. Tuđmana 5,  
22000 Šibenik  
+385 22 212 075  
[www.sibenik-tourism.hr](http://www.sibenik-tourism.hr)

**Vodice Tourist Board/ Information Centre**

Obala Vladimira Nazora bb,  
22211 Vodice  
+385 22 443 888  
[www.vodice.hr](http://www.vodice.hr)

**Split-Dalmatia County Tourist Board**

Prilaz braće Kaliterna 10/I,  
21000 Split  
+385 21 490 032  
[www.dalmatia.hr](http://www.dalmatia.hr)

**Trogir Tourist Board**

Trg Ivana Pavla II/1, 21220  
+385 21 885 628  
[www.visitrogir.hr](http://www.visitrogir.hr)

**Kaštela Tourist Board**

Dvorac Vitruri - Lušiško Brce  
5, 21215 Kaštel Lukšić  
+385 21 227 933  
[www.kastela-info.hr](http://www.kastela-info.hr)

**Split Tourist Information Centre**

Peristil bb, 21000 Split  
+385 21 345 606  
[www.visitsplit.com](http://www.visitsplit.com)

**Omiš Tourist Board/ Information Centre**

Fošal 1a, 21310 Omiš  
+385 21 861 350  
[www.visitomis.hr](http://www.visitomis.hr)

**Makarska Tourist Board**

Obala kralja Tomislava 16,  
21300 Makarska  
+385 21 612 002  
[www.makarska-info.hr](http://www.makarska-info.hr)

**Ploče Tourist Board**

Trg Kralja Tomislava 17,  
20340 Ploče  
+385 20 679 510  
[www.visitploce.com](http://www.visitploce.com)

**Ston Tourist Board**

Pelješki put 1 20230 Ston  
+385 20 754 452  
[www.ston.hr](http://www.ston.hr)

**Dubrovnik Tourist Board/ Information Centre**

Brsalje 5 & Obala I. Pavla II 1,  
20000 Dubrovnik  
+385 20 20 312 011  
[www.tzdubrovnik.hr](http://www.tzdubrovnik.hr)

## SIGHTS AND ATTRACTIONS

**Benedictine Monastery Čokovac in Tkon**

The last male Benedictine monastery in Croatia situated on top of Čokovac hill (95 m).

**Faust Vrančić Memorial Centre, Island of Prvić**

Easily reached from Vodice by boat, the centre is dedicated to the world-famous Croatian inventor known for Homo Volans - the flying man.

**The Cathedral of St. James in Šibenik**

Built entirely of stone, the UNESCO listed cathedral is famous for its frieze decorated with 71 sculptured faces of men, women and children.

**St. Nicholas Fortress in Šibenik**

Triangle shaped fortress, situated at the entrance to St. Anthony Channel, was built in the 16th century to protect the city from the Turkish attacks from the sea.

**Museum of Wooden Shipbuilding in Betina**

The museum gives insight into the long tradition of small wooden shipbuilding in Betina paying tribute to the generations of local shipbuilders.

**Historic City of Trogir**

UNESCO site with beautiful Romanesque churches and outstanding Renaissance and Baroque buildings from the Venetian period.

**Meštrović Gallery in Split**

Learn about the famous Croatian sculptor Ivan

Meštrović and visit his gorgeous home residence nowadays a gallery dedicated to his art.

**Diocletian's Palace in Split**

UNESCO site, one of the best-preserved monuments of the Roman architecture in the world, nowadays is part of vibrant city of Split.

**Mirabela Fortress in Omiš**

Dating from the 13th century, Mirabela Fortress is a reminder of the glorious pirate history of Omiš.

**The Malacological Museum in Makarska**

Housed in the Franciscan Monastery, the museum has a collection of around 3,000 shells from all over the world.

**The Walls of Ston**

Impressive fortification complex dating from the 14th century, originally around 5.5 km long.

**Arboretum Trsteno**

Located in the seaside village of Trsteno near Dubrovnik, arboretum features numerous exotic plants and stunning views of Dubrovnik Archipelago.

**Dubrovnik Old Town and City Walls**

The world-famous UNESCO listed late-medieval core surrounded by spectacular 1,940 m long city walls.

**Franciscan Pharmacy in Dubrovnik**

The third oldest pharmacy in Europe that has been active since 1317, located in the Franciscan Monastery complex.



Photo: Ivan Šardi/CNTB

## EXCURSIONS

## Vrana Lake Nature Park

The park consists of the biggest freshwater lake in Croatia and its surrounding area. Located next to the sea, the lake is home to exceptional number of bird species, to wild ducks and egrets in particular, which makes this park a paradise for the bird watchers.

## Biokovo Nature Park

Biokovo mountain is by far the greatest sight of the Central Dalmatian coastline, and the only nature park in that area. Apart from fresh air and unspoiled nature, Biokovo has beautiful mountaineering and hiking trails and climbing spots, as well as pleasant resting places like the botanical garden in Kotišina village.

More information on [www.parkovihrvatske.hr](http://www.parkovihrvatske.hr)





Photo: Ivan Šardi/CNTB  
DUBROVNIK, CROATIA

# From Dubrovnik to Durrës, via Kotor

Starting in Dubrovnik, the stage soon crosses the border into Montenegro's majestic Bay of Kotor. From here, EuroVelo 8 heads inland to Cetinje. It is then a relatively short journey to the border with Albania.

South of Dubrovnik the route takes you to attractive Župa Dubrovačka Riviera and the picturesque Konavle plain situated below Sniježnica mountain (1,234 m). At the intersection of the roads in Zvekovica, the route from the coastal part of the town of Cavtat continues through the peaceful, rural area of Konavle. Vivid villages with vineyards, fertile fields, olive groves, fig trees and churches are surrounded by elegant cypresses and several sites of UNESCO listed stećci - medieval tombstones. From the watermills on the River Ljuta and the village of Gruda the route continues along the D516 road through the villages of Pločice, Đurinići and Vitaljina to

the border crossing with Montenegro. EuroVelo 8 route through Montenegro provides very attractive and diverse sections with a relatively comfortable ride.

The route from Vitaljina-Kobila to Sukobin starts along the attractive ambient of the Bay of Boka Kotorska. A mountain area that follows, via Trojica and Njeguši to Cetinje, is more demanding for riding. This part of the route is also highly attractive providing an extraordinary view, from old Austro-Hungarian road, overlooking the Bay of Boka Kotorska and surrounding area, and further to a mountain range and national park Lovćen.

The following section, passing through authentic Rijeka Crnojevića and Virpazar, also along old roads with low traffic level, offers a new type of activity – riding around Skadar Lake. From here, you can go off the route to visit Montenegro's capital and largest city, Podgorica.

It is then a relatively short journey to the border with Albania. Just under 100 km to the south of Shkodër lies Albania's capital city, Tirana. The city is famous for its kaleidoscopic streetscapes. To reach the coastal city of Durrës, you will have to retrace your steps a little bit but it is worth it to visit this ancient port.

## INFO

Discover **8 UNESCO World Heritage Sites** along the Croatian part of the route. You can visit [www.croatia.hr](http://www.croatia.hr) for more information.

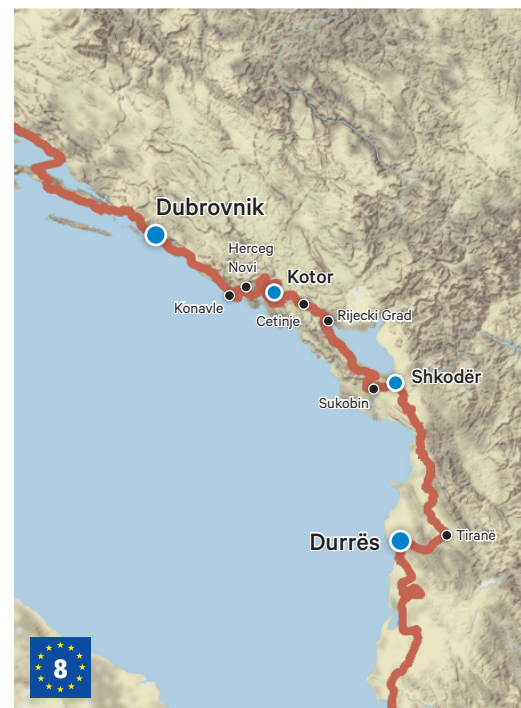
RIJEKA CRNOJEVICA, MONTENEGRO

Photo: UNDP Montenegro



Photo: Ivan Šardi/CNTB

KONAVLE, CROATIA



## DUBROVNIK – KOTOR SECTION 1 - 104 km

FROM 4,979-5,083 KM

Dubrovnik – Konavle – Herceg Novi – Kotor

## KOTOR – SHKODËR SECTION 2 - 178 km

FROM 5,083-5,261 KM

Kotor – Cetinje – Rijeki Grad – Sukobin – Shkodër

## SHKODËR – DURRËS SECTION 3 - 160 km

FROM 5,261-5,421 KM

Shkodër – Tiranë – Durrës



Photo: Marko Popovic/UNDP Montenegro  
CETINJE, MONTENEGRO



## SIGHTS AND ATTRACTIONS

**Mount Srđ in Dubrovnik**

The 413 m high mount rising north from Dubrovnik with the monumental Fort Imperial built during Napoleon's occupation in 1810.

**Mills on Ljuta River in Konavle**

The mills located in the protected natural landscape of the river Ljuta, nowadays are one of the most popular excursion spots in the area.

**Vlaho Bukovac House in Cavtat**

The birth house of one of the most famous Croatian painters and the forefather of the Croatian modern painting, featuring an exhibition space.

**The County Museum of Konavle in Čilipi**

Dedicated to Konavle heritage, museum collection has about 500 items such as folk costumes, embroidery, jewellery and musical instruments.

**Sokol Grad Fortress in Konavle**

The largest fortress from the times of the Dubrovnik Republic, located in the village of Dunave on a 25 m high cliff.

**Stećci - mediaeval tombstones in Konavle**

Over 100 UNESCO listed tombstones, mostly carved out of limestone, can be found at St. Barbara, Dubravka site, just one hour drive south from Dubrovnik.

**Lokrum Island**

Only ten-minute boat ride from Dubrovnik, the green and lush island of Lokrum is the perfect choice for a day escape. Island is a nature reserve as well as special forest vegetation reserve.



Photo: Marko Popović/UNDP Montenegro  
LAKE SKADAR, RIJEKA CRNOJEVICA, MONTENEGRO

**Mljet National Park, Island of Mljet**

Reachable by boat from Dubrovnik and Cavtat, Mljet National Park is ideal for a whole day excursion. This green oasis full of lush Mediterranean vegetation, includes two deep bays which, due to their extremely narrow links with the sea, are regarded as and indeed named the *Great Lake* and the *Small Lake*.

**Lake Skadar**

The largest lake in the Balkans. It has an average depth of 5m and it is a true oasis for all nature lovers.

**Rijeka Crnojevica**

One beautiful small historical place, in Central part of



Photo: Ivan Sardi/CNTB  
DUBROVNIK, CROATIA

Montenegro. In ancient time was an important trading route through Montenegro.

**National Park Lovcen**

National Park Lovcen is located in rocky region of Dinara Alps. Slopes of Mountain Lovcen steeply, rise from coastal region of Budva and west part of Cetinje.

**Old Town in Kotor**

The old town – that is the most famous part of Kotor, where the Kotor history, culture, and tradition are being preserved. The largest and the most impressive are, by all means, city bulwarks which surround the town. The beginning of their construction started in the IX century, in order for them to be added onto and arranged for the next 10 centuries. Kotor is at the UNESCO list of protected cultural heritage sites.

## EXCURSION

**The Bay of Boka Kotorska, Montenegro**

The bay is naturally divided into four smaller parts - Herceg Novi bay, Risan bay, Kotor bay and Tivat bay. The small towns, as treasures of history, art and beauty, are strung like pearls along its coastline.

More information on [www.eurovelo.com](http://www.eurovelo.com)



Photo: Marko Popovic/UNDP Montenegro

**Blue Eye in Albania**

A naturally formed water spring in the Delvinë District of Albania. The clear blue water of the river bubbles up from a stunning, more than 50 m deep pool. However, it is still unclear what the actual depth of the karst hole is!

**City of Shkodër**

The city is located in the southern shore of Lake Skadar, the largest lake in the Balkan Peninsula, with a breathtaking backdrop provided by the Albanian Alps.



WILDLIFE, ALBANIA



Photo: Ivan Sardi/CNTB

DUBROVNIK, CROATIA

## TOURIST INFORMATION CENTRES

**Dubrovnik – Neretva County Tourist Board**

Šipčine 2, 20000 Dubrovnik  
+385 (0) 20 324 999  
[www.visitdubrovnik.hr](http://www.visitdubrovnik.hr)

**Župa Dubrovačka Tourist Board**

Šetalište dr. Franje Tuđmana 7, 20207 Mlini  
+385 20 486 254  
[www.dubrovnik-riviera.hr](http://www.dubrovnik-riviera.hr)

**Konavle Tourist Board**

Zidine 6, 20210 Cavtat  
+385 20 479 025  
[www.visit.cavtat-konavle.com](http://www.visit.cavtat-konavle.com)

**Local tourism organisation of Tivat**

Palih boraca 19, 85320 Tivat  
+382 32 671 324  
[www.tivat.travel](http://www.tivat.travel)

**Local tourism organisation of Kotor**

Stari grad 328, Kotor  
+382 32 322 886

**North of Albania Travel**

Rruga Kolë Idromeno 145, Shkodër  
+355 67 392 2119  
[www.albaniahostel.com](http://www.albaniahostel.com)

**Zyra e Informacionit Turistik**

Rruga Ded Gjo Luli, Tiranë  
+355 04 222 3313  
[www.tirana.al](http://www.tirana.al)

## BIKE SERVICE

**Marko Bike Workshop**

Skaljari, Kotor  
+382 67 607 818

**Biciklo servis-Nino**

Vrela 6, Podgorica  
+382 69 777 911

**Biciklist Bujari Repair & Rent a Bike**

Rruga Osja i Falltores, Shkodër  
+355 67 257 6671

**Bike Store Albania**

Rruga Reshit Petrela 10, Tiranë  
+355 67 210 8834

**Pashaj & Sons Bike**

Pallati Nr.162, 88, Rruga Qemal Stafa, Tiranë  
+355 67 491 1754

**Gear Bike Albania**

Shëtitorja Lasgush Poradeci, Tirane





## From Durrës to Igoumenitsa

The Albanian coast combines fresh mountain air and warm sea breezes. The climatic diversity of the country is matched by its biological diversity. After crossing Albania, EuroVelo 8 touches the land of Gods for the very first time.

The northernmost point of this stage is Durrës, a busy port containing the largest amphitheatre in the Balkans. Heading south, you will encounter the remains of the ancient Illyrian city of Apollonia, the chain of Ceramonian Mountains and the white sandy beaches of Saranda. Just offshore lies Corfu and its old town included in the UNESCO World Heritage list. Near Saranda you can visit two other UNESCO sites: the ancient city of Gjirokastra, dominated by an impressive castle, and the ruins of Butrint (Buthrotum), an ancient Greek and Roman city.

On the way to Greece, you will cross Vlorë, one of the most important economic and cultural cities in Albania. Founded 26 centuries ago, it is famous for the landscapes along its coast. You will then quickly reach Igoumenitsa in Greece, with its pretty waterfront promenade.

### SIGHTS AND ATTRACTIONS

#### City of Durrës

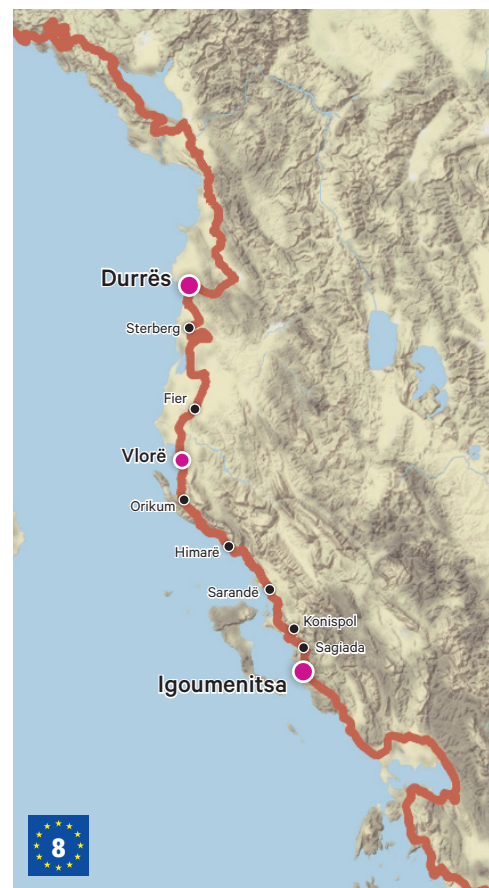
One of the oldest cities in Albania, flooded three times during its history. The current city is built on the ruins of two previous ones. It is the largest port of Albania and has the longest shoreline.

#### Divjakë-Karavasta National Park

Spanning a territory of 222 square km, the park has been identified as having gained international importance for its great availability of bird and plant species. The park has great biodiversity and features wetlands, forests and salt marshes that make it a perfect attraction for wildlife enthusiasts.

#### City of Fier

Located in the center of Albania, this industrial city is renowned for its rich ancient Greek heritage. Cyclists should visit the attractions such as the Monument of Agonothetes, House with Mosaics and the Ardenica Monastery.



### DURRËS – VLORË SECTION 1 - 152 km

FROM 5,421-5,573 KM

Durrës – Sterberg – Fier – Vlorë

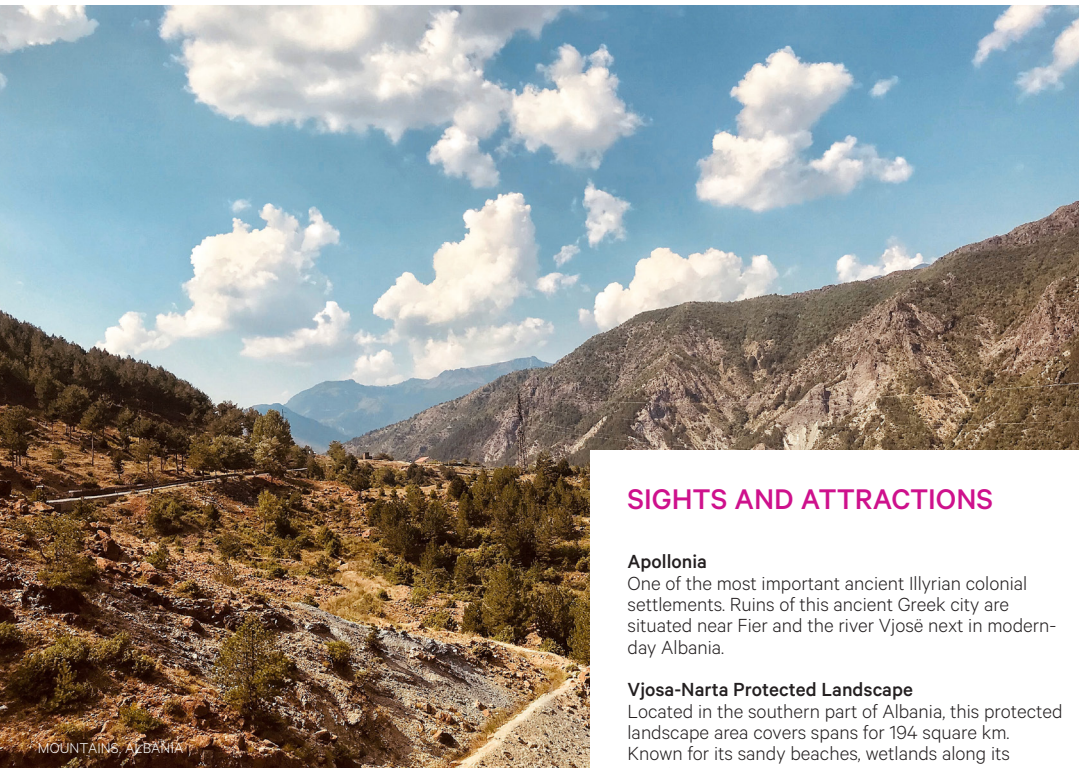


### VLORË – IGOUMENITSA SECTION 2 - 187 km

FROM 5,573-5,760 KM

Vlorë – Orikum – Himarë – Sarandë – Konispol – Sagiada – Igoumenitsa





MOUNTAINS, ALBANIA



## BIKE SERVICE

**Bike Repair Shop**  
Rruga Glaukia Durrës, 2001  
Durrës

**Vlora Rent Bikes**  
Rruga Camëria/SH8, Vlorë  
+355 69 996 0707

**Tires Service Bike Sulo**  
Rruga Onhezmi, 9700 Sarandë  
+355 69 525 3714

**Vazoukis George**  
Kyprou str. 53 Igoumenitsa  
+30 266 540 0427

## SIGHTS AND ATTRACTIONS

### Apollonia

One of the most important ancient Illyrian colonial settlements. Ruins of this ancient Greek city are situated near Fier and the river Vjosë next in modern-day Albania.

### Vjosa-Narta Protected Landscape

Located in the southern part of Albania, this protected landscape area covers spans for 194 square km. Known for its sandy beaches, wetlands along its significant bird and plant species.

### City of Vlorë

One of the economic hubs of Albania, the city is home to Albania's second largest port. You will find several ancient Greek heritage locations such as the Independence Monument, Muradie Mosque, and the ancient Kanine Castle. Due to its port, there are plenty of seafood and other delicacies on offer.



## TOURIST INFORMATION CENTRES

**Durrësinfo**  
Rruga Taulantia, Durrës

**Info Point Vlorë**  
Rruga Camëria/SH8, Vlorë  
+355 69 634 7498

**Zyra e Informacionit Turistik**  
Shëtitorja Naim Frashëri, Sarandë  
+355 852 2424  
[www.sarandaweb.net](http://www.sarandaweb.net)

**Igoumenitsa Tourism Office**  
Customs office, 46100 Igoumenitsa  
+30 266 502 2227  
[www.visitgreece.gr/en](http://www.visitgreece.gr/en)

### Mount Çika

Standing at about 2044 m above sea level, it is the highest peak of the Ceraunian Mountains. The mount is also part of the Llogara National Park, which is noted for its rich biodiversity and vegetation.

### City of Sarandë

A city in southern Albania, after the Albanian Riviera, known for its unforgettable beaches and colorful spring blooms.

### Sagiada

This fishing village is the westernmost point of mainland Greece and stretches between the Ionian Sea to the west and mountains on the Albanian border to the north. Don't forget to visit the spectacular Sagiada Marina by the beachfront!

### River Thyamis Delta

Renowned for its flora and migrating birds, the river flows into Ionian Sea 4 km south of Sagiada.

## EXCURSION

### Karaburun-Sazan National Marine Park

The only marine park in the country encompasses the surrounding coastal area of Karaburun Peninsula and Sazan Island. From mountain drops to the sea, ruins of ancient ships, secluded beaches, caves to spectacular coral reefs, this park is worth a sail or dive.

More information on [www.eurovelo.com](http://www.eurovelo.com)



SARANDË, ALBANIA



KSAMIL, ALBANIA

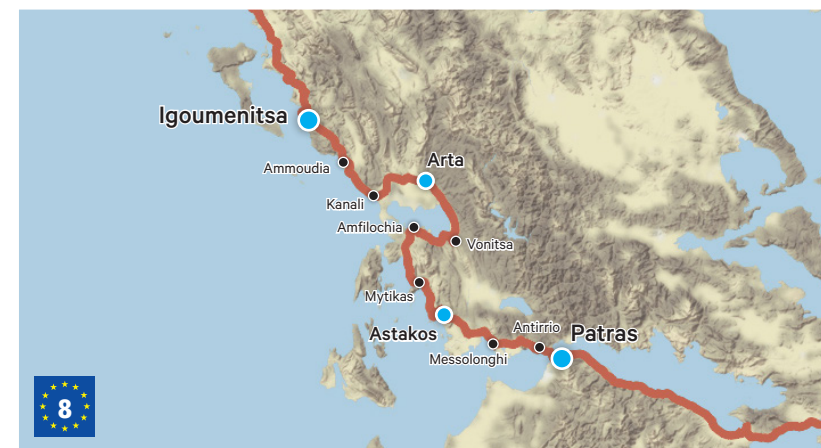


# From Igoumenitsa to Patras



## INFO

You can find cycle friendly accommodation at the Vounaki Hotel & Marina, Paleros, 30012, +30 264 304 1190, [www.vounakihotelmarna.gr](http://www.vounakihotelmarna.gr)



The stretch of the coast between Igoumenitsa and Preveza is dotted by inviting beaches and coves. Before crossing the Gulf of Corinth to reach Patras, stop off at Messolonghi where English poet Lord Byron was killed fighting for the liberation of Greece. He both literally and poetically left his heart in this small town it is entombed in a cenotaph there.

From Preveza, EuroVelo 8 traces the coast of the Ambracian Gulf, which offers lots for nature lovers, particularly in the form of the Amvrakikos Wetlands National Park. There are two tempting detours in the form of the beautiful islands of the Ionian Sea (including Ithaca and Cephalonia) and Lake Trichonida further inland – the largest natural lake in Greece which is surrounded forests.

In Western Greece, the bicycle axis crosses Aitolokarnania, starting from Sykoula and cycling to Amfilochia, nestled in the bay of the southern Amvrakikos gulf. From there, we ride to Vonitsa, heading to Mytikas, along the Ionian Sea. At the same time on our way with the lacy coasts of Xiromerou we reach the picturesque Astakos overlooking the beautiful islands of the Ionian Sea and continue for the small “Venice” of Greece, Aitoliko.

From Messolonghi we pass through the long cabled bridge of Rio-Antirio heading east to the capital of Aegiali, Aegio. The city is built amphitheatrically with a magnificent view of the Corinthian bay and we continue towards Akrata with its clean, pebbled beach and crystal clear waters. The cycling route ends at the eastern end of Achaia, Egira.

## IGOUMENITSA – ARTA

### SECTION 1 - 112 km

FROM 5,760-5,872 KM

Igoumenitsa – Ammoudia – Vrachos – Kanali – Arta

## ASTAKOS – PATRAS

### SECTION 3 - 92 km

FROM 6,018-6,109 KM

Astakos – Aitoliko – Messolonghi – Antirrio – Patras

## ARTA – ASTAKOS

### SECTION 2 - 146 km

FROM 5,872-6,018 KM

Arta – Amfilochia – Vonitsa – Mytikas – Astakos







## EXCURSION

### Natura 2000 protected area, including Lake Vulkaria

The area hosts various endangered species such as the eastern imperial eagle (*Aquila heliaca*) and the largest Griffon vulture (*Gyps fulvus*) population in the south-western Balkans. The sequence of isolated and inaccessible limestone mountains with a well-preserved natural and cultural landscape, where traditional livestock farming is still predominant, is characteristic of this area.

More information on [www.ec.europa.eu/environment/nature/natura2000/](http://www.ec.europa.eu/environment/nature/natura2000/)

**Vazoukis George**  
Kyprou str. 53 Igoumenitsa  
+30 266 540 0427

**Ideal bikes – Hara Efstratiadi**  
1st km between Arta to Kostakioi  
+30 268 107 3292

**Velocity Bikes**  
Kosta Varnali str., Agrinio  
+30 264 102 4628

**ESCAPE Bike**  
Geor. Alexandropoulou, Messolonghi  
+30 694 800 5537

**PEDAL SYSTEM**  
Ethnikis Antistaseos 14, Messolonghi  
+30 694 590 5999

**Houtas Konstantinos**  
Eleftheron Poliorikimenon 31, Messolonghi  
+30 263 102 5553

**MOTOCICLO**  
Lordou Vironos 25, Messolonghi  
+30 263 105 5628

**Escape Bikes and Apparel**  
Alexandropoulou Georgiou, Messolonghi  
+30 263 102 4770

**Zohios Sotiris**  
Nafpaktou & Belogianni, Messolonghi  
+30 263 102 5575

**Solou Maria**  
Neochori, Messolonghi  
+30 263 209 1215

## BIKE SERVICE

**To podilato**  
Papaflessa 4 & Evmilou, Patras  
+30 261 032 1637

**Ideal bikes- Maniatopoulos**  
Agios Vasileios, Patras  
+30 261 099 3045

**Mitropoulos Anastasios**  
Athinon 58, Patras  
+30 261 042 5408

**Bike center- Bakopoulos**  
Germanou 133, Patras  
+30 261 022 2021

**Stavropoulos**  
Anthias 189, Patras  
+30 261 033 7605

GREECE



## SIGHTS AND ATTRACTIONS

### Margaris's Art Gallery in Amfilochia

The Margaris Foundation is the joint effort of a team of young artists, designers and editors to continue and strengthen the dream of collector Odysseas Margaris.

### Koukoumitsa's Island in Vonitsa

It is a beautiful island situated on the bay in front of the city. There is a bridge which connects it with Vonitsa. Many visitors go to light a candle in the chapel of the church of Saint Nekarios.

### Venetia Castle of Vonitsa

In Vonitsa, the imposing castle is situated on a hill lined by the calm waters of the Amvrakikos Gulf. It was built around 1070 by the Venetians, who received from Byzantium the privilege of building the fortress and exploiting the harbor.

### Katopodeio Folkloric Museum of Paleros

This folkloric museum presents the way of life of the past through the depiction of the spaces of a house, the variety of daily tools such as cookware or agricultural tools. The Museum's premises also feature old shops such as a barber shop, a shoe repair shop and grocery store.

### Vasos Katraki's Museum, Centre of Engraving Art

The Museum is located on the eastern side of Aitolikos. It is



the only museum of purely engraving art in Greece and in Europe. It hosts over 500 works by the well-known engraver and painter Vaso Katraki. The basement of the building shaped in order to be used as an Art School.

### Ancient Plevrona

On a hill northwest of Mesolongi city was once the walls of the Ancient Plevrona. The archaeological features a huge reservoir with stone and natural walls, part of the market, the ancient road and a magnificent ancient theater with panoramic views of the lagoon, west of Mesolonghi.

### Municipal Art Gallery, Mesolonghi Museum of History and Art

The Museum is housed in the Old Stone Town Hall, a two-storey neoclassical building of 1931. Its collection includes paintings and copies of scenes from the Exodus of Mesolongi. There are also exhibited objects and manuscripts of Lord Byron.

### Museum of Kostis Palamas

It is a well-preserved stone two-storey mansion, built in 1708, which was the home of Greek poet Costis Palamas. The museum's collection includes photographs, personal items, and many exhibits about the life and work of the great poet.

### Museum of Charilaos Trikoupis

The Trikoupi Museum is housed in a mansion building, near the Mesolongi lagoon, where the historian Spyridon Trikoupis was born and lived. In its halls there are reminders of the Trikoupis family, personal items and photos.

### Dieksodos, Center of Dialogue and Art

It is a Historical Museum which is placed in the house of

## TOURIST INFORMATION CENTRES

### Igoumenitsa Tourism Office

Customs office, 46100 Igoumenitsa  
+30 266 502 2227  
[www.visitgreece.gr/en](http://www.visitgreece.gr/en)

### Arta Tourism Office

Kristalli Square, KTEL, 47100 Arta  
26810 78551  
[www.visitgreece.gr/en](http://www.visitgreece.gr/en)

You can also find several info points at major locations of the stage including **Kalidona, Astakos, Mitikas, Vonitsa, Antirrio, Mesolonghi** and **Aitoliko**.

Each info point displays the **EuroVelo 8 map**.

Thanasis Razis Kotsikas. It owns more than 6,000 records and heirlooms from the wider area of Messolonghi.

### Ancient Calidona

It is one of the oldest cities of Aitolokarnania, the most important city of Ancient Aetolia.

### Ancient Theater of Makinia

The ancient theater of Makinia belongs to the wider archaeological site of the homonymous Aetolian city. The theater is located southeast of the acropolis and has a great view of the gulf of Patras and the bridge of Rio simple visit.

### Antirrio's Castle

Known as the castle of Roumelis, today named Antirrio's castle, hosts art gallery and maintenance workshops of Byzantine and Post Byzantine antiquities.

### Rio-Antirrio Bridge

The world's longest multi-cabled bridge with a continuous and fully suspended deck of 2,252 meters. Its foundations are deep in the sea reaching up to 65 m.





Photo: MBike GREECE

# From Patras to Athens

The stage starts (or finishes) in the busy port of Patras, famous for hosting one of Europe's largest and most colourful carnivals!

Every February, mammoth-sized satirical floats are carried around the city and extravagant balls and parades are held. Few Cities are so packed with ancient monuments they do not know what to do with them. Athens is lucky enough to have such a problem! To escape the city however, follow the southern shore of the Gulf of Corinth – a beautiful inlet that separates mainland Greece from the Peloponnesian Peninsula. Travelling from Athens, the first view that you will have of the Gulf will be from the popular seaside resort town of Loutraki, where you can taste some of the region's delicious sea food.

Heading west along the coast, there are a number of attractive towns and villages, many of which have origins dating back to the time of ancient Greece.



GREECE



## PATRAS – AIGEIRA

SECTION 1 - 60 km

FROM 6,109-6,170 KM

Patras – Aigio – Aigeira

## AIGEIRA – CORINTH

SECTION 2 - 62 km

FROM 6,170-6,232 KM

Aigeira – Xylokastrto – Kiato – Corinth



Photo: MBike GREECE

## CORINTH – ATHENS

SECTION 3 - 93 km

FROM 6,232-6,325 KM

Corinth – Loutraki – Megara – Salamina – Athens



## SIGHTS AND ATTRACTIONS

**City of Patras**

Located 8 km from Pió, this city is a commercial hub, busy port and a nodal point for trade and communication with Italy and the rest of Western Europe as well as the Ionian islands. Every year, in February, the city hosts one of Europe's largest carnivals (over 180 years old), the Patras Carnival.

**City of Aigio**

Located 35 km from Patras, Aigio, the capital of Aigialeia is a port town on the Gulf of Corinth. The city is built amphitheatrically in three levels with a magnificent view of the Corinthian bay. In the lower city, at the seaside, the old raisin warehouses made of stone have been converted into cafes, bars and taverns, while in the higher levels one can visit the historical center of Aigio.

**City of Diakopto**

Approximately 15 km to the east of Aigio is Diakopto, a small city near the Vouraikos river and at the lower end of the Vouraikos Gorge. The Diakofto-Kalavrita Railway, built in 1885, leads up to the town of Kalavrita, passing by the Mega Spilaio Monastery. Surrounded by the slopes of Mount Helmos, Lake Tsivlou gives you the opportunity to choose between walking, mountain biking and off-road rides along the trail surrounding the lake.

**Loutraki**

A seaside resort on the Gulf of Corinth, well known for its vast natural springs and its therapeutic spas.

**City of Eleusis**

One of the five sacred cities of Ancient Greece, together with Athens, Olympia, Delphi and Delos, known for the Eleusinian mysteries of goddess Demeter and daughter Persephone, attracting initiates from all over the ancient world. The procession to Eleusis through the Sacred Way (the oldest road in Greece) began at the Sacred Gate in the Kerameikos (the ancient Athenian cemetery), near the Athens Acropolis. Eleusis was named the European Capital of Culture for 2021. The archaeological site is certainly worth a visit before one takes the last part of the Eurovelo 8 route to Athens.

**City of Athens**

Undoubtedly one of the most emblematic cities worldwide, where its history unfolds around the sacred rock of the Acropolis, reflected upon monuments and artifacts dating back to antiquity, and expressed throughout architectural heritage of the 19th and 20th century. The best way to enjoy an Ancient Athenian panorama is to cycle around the historic centre's old neighbourhoods and its narrow alleys steeped in 6000 years of history.

## BIKE SERVICE

**Ideal Bike Shop**

Ag. Andreou 157, 26222 Patras  
+30 261 027 4519

**CENTER BIKE**

12, Eleftheriou Venizelou, Kiato  
+30 274 202 2870

**Bike point - Korinthos**

3 Ionias Av, Korinthos  
+30 274 102 7996

**Life Cycles Bike Work Shop**

Akriton 10, Athens  
+30 213 026 5613

**FUNKyRiDe**

Dimitrakopoulou 1, Athens  
+30 211 710 9366

## INFO

Visit the national Greek website for EuroVelo 8 at [www.eurovelo.gr](http://www.eurovelo.gr) for more information about this stage



Photo: Paul Cheese



Photo: MBike

GREECE



Photo: MBike



Photo: MBike

## TOURIST INFORMATION CENTRES

Attica Tourism Directorate  
7, Tsouha Street, 11521 Athens  
+30 210 870 7662  
[www.visitgreece.gr/en](http://www.visitgreece.gr/en)

ATHENS, GREECE

## EXCURSION

**Loutraki, a seaside resort on the Gulf of Corinth**

For the cyclists coming from Corinth, Loutraki can be reached via a submersible bridge installed at sea level at the end of the Corinth canal, by the harbour of Poseidonia. Loutraki town is bordered by the Gulf of Corinth in the west, while the mountain range of Geraneia dominates north and east. Cycling and/or walking by its long beach; or all the way through to the Heraion of Perachora, a sanctuary of the goddess Hera situated in a small cove of the Corinthian gulf at the end of the Perachora peninsula; passing by the picturesque Vouliagmeni lagoon, are a few short trips worth taking before leaving the town. Visitors to the Heraion of Perachora may enjoy a wonderful refreshing swim as the sea next to the archaeological site is both fresh and clear. The peaceful Vouliagmeni lagoon is also ideal for swimming while the fish restaurants located on the lake will treat you to a feast. Loutraki is also well known for its Casino (Club Hotel Casino Loutraki), one of the biggest in Europe.

More information on [www.visitgreece.gr](http://www.visitgreece.gr)



# A tour of Izmir



IZMIR, TURKEY

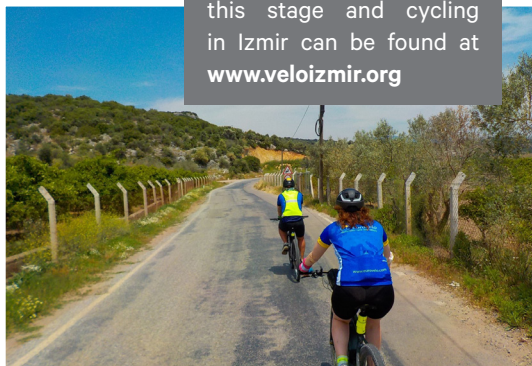
### INFO

Further information on this stage and cycling in Izmir can be found at [www.veloizmir.org](http://www.veloizmir.org)

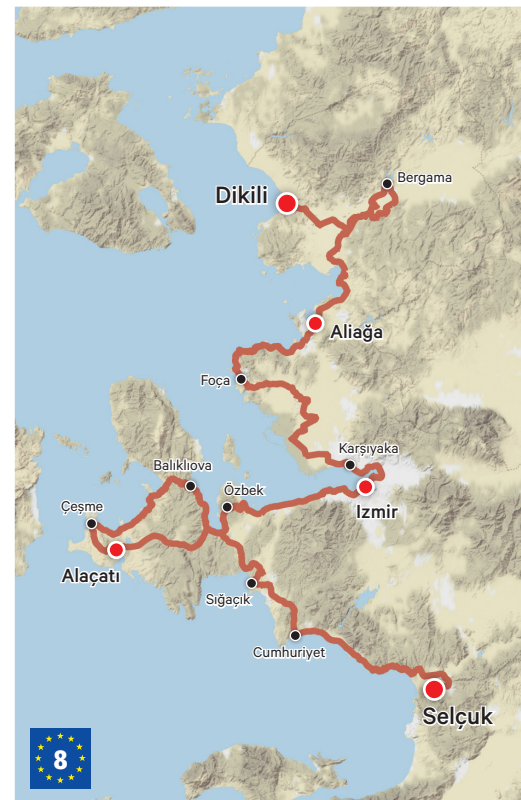
This stage is mainly based on connection between two UNESCO cities, Pergamon and Ephesus, in the province of Izmir. Visitors can enter the route from two harbours located in Dikili and Çeşme.

Between Dikili-Pergamon-Aliğa, you can see agricultural sights, meet residents and taste local fruits and vegetables. In Foça, the small town near the sea, you can visit the Persian Tomb, Foça Castle and taste some fresh seafood.

Feel the breeze on the 45 km stretch near the sea until the Inciraltı City Forest. From the city center you can cycle to Balıkklova which is famous for local cookies! Along the Çeşme Peninsula, you will find many seafood species. Çeşme Harbour is the other entering point from Greece to EuroVelo 8 in Izmir. When you go to southern part of the Peninsula, you should meet the silent fishing village Sığacık to rest and gather your thoughts. After Sığacık, on the sloping road to Ephesus, there are so many vista points to watch endless Mediterranean Sea.



FOÇA, IZMIR, TURKEY



## ALAÇATI – SELÇUK SECTION 4 - 140 km

FROM 6,685-6,825 KM

Alaçatı – Sığacık – Cumhuriyet – Selçuk

## DIKILI – ALIĞA SECTION 1 - 111 km

FROM 6,325-6,436 KM

Dikili – Bergama – Aliğa

## ALIĞA – IZMIR SECTION 2 - 120 km

FROM 6,436-6,556 KM

Aliğa – Foça – Karşıyaka – Izmir



## IZMIR – ALAÇATI SECTION 3 - 129 km

FROM 6,556-6,685 KM

Izmir – Özbek – Balıkklova – Çeşme – Alaçatı



## BIKE SERVICE

**Hermes Bicycle-Cafe**  
Yalı Mh, Mithatpaşa Ave.  
No 557, 35550 Güzel-  
bahçe  
+90 506 466 32 87

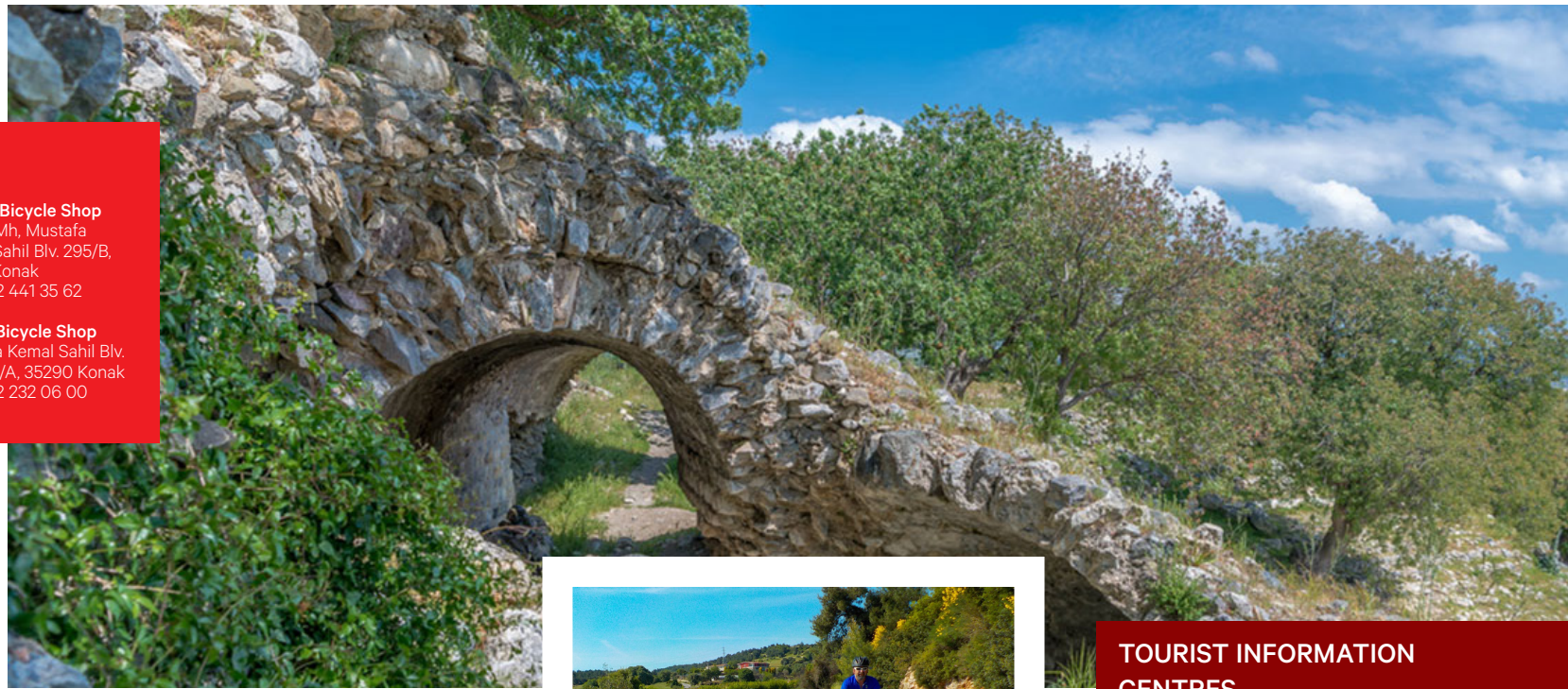
**İzmir Bicycle Shop**  
Tuna Mh, Cemal Gürsel  
Ave., No 90, 35600  
Karşıyaka  
+90 232 369 42 42

**Parkur Bicycle Shop**  
Konak Mh, Mustafa  
Kemal Sahil Blv. 295/B,  
35150 Konak  
+90 232 441 35 62

**Seda Bicycle Shop**  
Tuna Mh, Dr. Tibet  
Kızılcan St. No 16, 35600  
Karşıyaka  
+90 232 369 49 79

**İkitekter Bicycle Shop**  
Alsancak Mh, No 381  
İkinci Kordon, Cumhuri-  
yet Blv, 35220 Konak  
+90 232 422 14 21

**Doruk Bicycle Shop**  
Mustafa Kemal Sahil Blv.  
415-415/A, 35290 Konak  
+90 232 232 06 00



RUINS OF TEOS IN SIĞACIK, İZMİR, TURKEY

## SIGHTS AND ATTRACTIONS

**City of Kyme**

The most important of the Aeolian Confederacy cities is located south of Bergama. It was settled near the ancient Pythicos River and enjoyed extreme prosperity from its fertile agricultural lands and position on the sea.

**Bird Paradise**

289 bird species live around an 8,000 hectare area in the Çiğli Çamaltı Salt Marsh. Some of the observed bird species are Flamingos, Grey Herons, Silver Seagulls and Redshanks.

**City of Phokaia**

Present-day Foça during the Ancient Age and Byzantine Empire. It is one of the 12 Ion cities.

**Izmir Clock Tower**

Historic clock tower located in the Konak district of İzmir. One of the meeting points of Izmirians. From there, you can walk through Kemeraltı (bazaar), go to Kızlarağası Hanı (inn) and also walk to Asansör (historical elevator).

**İnciraltı City Forest**

Popular area in Izmir where locals bike, exercise, stroll and picnic where the sea meets the forest.

**Balıkliova Village**

Situated at the southernmost point of the Karaburun Peninsula. Famous for its Turkish shortbread, there is a cooling wind at the village even in summer.

**Çeşme Castle and Museum**

Built in 1508 by the Ottoman ruler Beyazıt II. Recently renovated, visitors can climb up on either side of the castle to have a 360 degree panoramic view of Çeşme.

**Teos Antique Site**

This city, which is located 5 km to Seferihisar, was one of the 12 Ionian cities. The first structure upon reaching Teos is the Dionysos Temple built by the famous architect of the Hellenistic era, Hermogenes. Other structures include the Antique Port, the Agora, Cistern and Antique roads to the southeast of the Theatre.

**Siğacık Castle**

Dates back to the Seljukian period. The local bazaar held on Sundays is a place where the farmers sell their fresh goods and the women their handmade goods.

**House of Virgin Mary**

Located on the top of the "Bulbul" mountain 9 km ahead of Ephesus, the shrine is the place where Mary may have spent her last days. Made of entirely of stones, it features the "Water of Mary", a source found at the exit of the church area where salt water, with curative properties, can be drunk by all.

## TOURIST INFORMATION CENTRES

**İzmir Provincial Directorate of Culture and Tourism**  
Akdeniz Mh. 1344 St. No 2, Pasaport  
+90 232 483 62 16

**Central Tourism Information Office**  
Akdeniz Mh. 1344 St. No 2, Pasaport  
+90 232 445 73 90

**Adnan Menderes Airport Tourism Information**  
Gazikent Mh. Gazimür  
+90 232 274 22 14

**Bergama Tourism Information**  
Zafer Mh. Cumhuriyet Ave. Government Office B Blok  
+90 232 631 28 51

**Çeşme Tourism Information**  
Musalla Mh. 1016 St. No 4, Çeşme  
+90 232 712 66 53

**Selçuk Tourism Information**  
Atatürk Mh. Sevgi St. No 3, Selçuk  
+90 232 892 69 45

**Foça Tourism Information**  
Atatürk Mh. Reha Midilli Ave. No 1, Foça  
+90 232 812 12 22

## EXCURSION

## Pergamon-Ephesus Ancient Cities

The acropolis of Pergamon was the capital of the Hellenistic Attalid dynasty, a major centre of learning in the ancient world. Monumental temples, theatres, stoa or porticoes, gymnasium, altar and library were set into the sloping terrain surrounded by an extensive city wall. Located within what was once the estuary of the River Kaystros, Ephesus comprises successive Hellenistic and Roman settlements founded on new locations, which followed the coastline as it retreated westward. The Ancient City of Ephesus is an outstanding example of a Roman port city, with sea channel and harbour basin.

More information on [www.whc.unesco.org](http://www.whc.unesco.org)





Photo: Andreas Lacovou



Photo: Markus Bassler

IONIAN COLUMNS, PAPHOS, CYPRUS



LIMASSOL, CYPRUS



Photo: Silvio Augusto Rusmigo

TOCHNI, CYPRUS



# A tour around Cyprus

Exceptional climate, short distances and diverse landscape allow you to enjoy the island’s crystal clear waters and sandy beaches, as well as beautiful mountains – all within a day. The island of Cyprus, an exciting blend of warm hospitality, breath taking scenery, mythology, rich archaeological inheritance of 11,000 years, and high-quality services, is waiting to be explored.

EuroVelo 8 in Cyprus is designed as a circular route going along the coast-line from Agia Napa to Larnaka, Tochni village, Lemesos, Pafos, and up to Polis and from there to Kato Pyrgos. The route then takes you inland and passes through the Troodos mountains to reach Lefkosia, before returning to the waterfront areas of Ammochostos (Paralimni, Protaras and Agia Napa).

## INFO

For more information about cycling in Cyprus please visit the Visit Cyprus website at [www.cyclingcyprus.info](http://www.cyclingcyprus.info)

## SIGHTS AND ATTRACTIONS

### City of Larnaca

It is built on the site of the ancient city-kingdoms of Cyprus, making it one of the oldest continuously inhabited cities in Europe. In the winter months, thousands of flamingoes, wild swans and other migrating birds make their annual stopover at the nearby salt lake.

### City of Paphos

UNESCO World Heritage Site that was the capital of Cyprus in antiquity. Numerous archaeological sites can be seen from the centre of the modern town down to its picturesque harbour. It is out of the seas of Paphos that Aphrodite is said to have risen.

### City of Limassol

The second largest city of the island. It boasts many antiquities, Byzantine and Frankish monuments. Today Limassol is the island’s main port, the centre of the island’s wine industry and a major tourist resort.

## LARNACA – POMOS SECTION 1 - 244 km

FROM 6,556-7,069 KM

Larnaca – Limassol – Paphos – Poli Crysochous – Pomos



LIMASSOL, CYPRUS

## POMOS – LARNACA SECTION 2 - 394 km

FROM 7,069-7,463 KM

Pomos – Mylikouri – Gourri – Nicosia – Kellia – Ayia Napa – Larnaca



## TOURIST INFORMATION CENTRES

**Tourist Information Office Agia Napa**  
Leoforos Kryou Nerou 12, Agia Napa  
5330  
+357 23 721 796  
[www.visitcyprus.com](http://www.visitcyprus.com)

**Tourist Information Office Paralimni - Protaras**  
Protara 14, Protaras, Paralimni 5296  
+357 23 832 865  
[www.visitcyprus.com](http://www.visitcyprus.com)

**Tourist Information Office Larnaka**  
Plateia Vasileos Pavlou, Larnaka 6023  
+357 24 654 322  
[www.visitcyprus.com](http://www.visitcyprus.com)

**Tourist Information Office Germasogeia - Lemesos**  
Georgiou A' 22, Potamos Germasoge-

ias, Lemesos 4047  
+357 25 323 211  
[www.visitcyprus.com](http://www.visitcyprus.com)

**Tourist Information Office Lemesos (Limassol)**  
Old Port, Syntagmatos Square, Lemesos 3603  
+357 25 362 756  
[www.visitcyprus.com](http://www.visitcyprus.com)

**Tourist Information Office Kato Pafos**  
Poseidonos 63A, Kato Pafos 8042  
+357 26 930 521  
[www.visitcyprus.com](http://www.visitcyprus.com)

**Tourist Information Office Pafos**  
Agoras 8, Pafos 8010  
+357 26 932 841  
[www.visitcyprus.com](http://www.visitcyprus.com)

**Tourist Information Office Polis**  
Vasileos Stasiolkou A' 2, Polis Chrysochous 8820  
+357 26 322 468  
[www.visitcyprus.com](http://www.visitcyprus.com)

**Tourist Information Office Platres**  
Platres Village, Lemesos 4820  
+357 25 421 316  
[www.visitcyprus.com](http://www.visitcyprus.com)

**Tourist Information Office Lefkosia - Laiki Geitonia**  
Aristokyprou 11, Laiki Geitonia, Lefkosia 1011  
+357 22 674 264  
[www.visitcyprus.com](http://www.visitcyprus.com)

## EXCURSION

## Bike and Wine!

The rich wine history of Cyprus has been ongoing for over 6,000 years. Take any of the designed wine routes to experience Cypriot hospitality and be introduced to the world of Cyprus wine. Visit any of the 40+ modern wineries that presently operate on the island and taste their wines. Agro-tourism establishments, tavernas and restaurants are also available to provide you with accommodation and unique dishes of the Cypriot kitchen. Go back in time by visiting restored traditional wine presses and museums that demonstrate the life, culture and traditions of rural Cyprus.

More information on [www.visitcyprus.com](http://www.visitcyprus.com)



## SIGHTS AND ATTRACTIONS

**Sculpture Park in Agia Napa**

A place of natural beauty and panoramic view. The park currently features 250 sculptures by 215 international artists.

**Thalassa Municipal Museum in Agia Napa**

The museum aims to show the impact and the significance of the sea upon the history of the island. Cypriot antiquities, a life-size exact replica of the ancient ship Kyrenia II as well as fossilised fish, shells etc are exhibited.

**Finikoudes in Larnaka**

Finikoudes (palm trees) promenade is Larnaka's most popular coastal road and beach, and the heart of the city's tourist life. It owes its name to the palm trees planted along the way.

**Saint Lazarus Church in Larnaka**

The magnificent 9th century stone church of Agios Lazaros is one of the most remarkable examples of Byzantine architecture in Cyprus.



Photo: Kirill Makarov

SALT LAKE FLAMINGOS, LARNACA, CYPRUS

**"Alikí" Salt Lake in Larnaka**

One of the most important habitats in Europe for water fowl. Flamingos, wild ducks and other water or shore fowl find refuge there during their migratory journeys in the winter.

**Amathus Archaeological Site in Limassol**

Remains of the ancient city-kingdom of Amathus and an important site of worship of the goddess Aphrodite-Astarte, dating from the Archaic period up to the Roman and Christian period.

**Molos & Castle Square in Limassol**

The sea front promenade, the Old Port area, the Limassol Marina and the Medieval Castle Square, all within walking distance, offer a wide variety of cafes and restaurants.

**Kourion Archaeological Site in Limassol**

One of the most impressive archaeological sites in Cyprus. The Greco-Roman theatre, originally built in the 2nd century BC, is still used for selected cultural events.

**Petra tou Romiou in Paphos**

A striking geological formation of large and tall rocks. According to Greek mythology, Aphrodite, the goddess of love and beauty, was born there.

**Kato Pafos in Paphos**

Waterfront promenade with medieval castle as well as an UNESCO World Heritage Site with archaeological parks whose ancient mosaics are considered among the most beautiful in the world.



Photo: Michal Cerveny  
LIMASSOL, CYPRUS

## BIKE SERVICE

**BikinCyprus Adventures,**  
+357 24 332 112  
Mina Antoniou 8, Larnaca  
7740

**Larnaca Pro-Cycle Hire,**  
+357 96 885 329  
Spyrou Kyprianou 39, Larnaca 6051

**Zypernbike,** +49 6093  
9737-0  
Aldiana Hotel – Alaminos,  
Larnaca

**Bike Cyprus,** +357 25 634  
093  
Columbia Beach Resort –  
Pissouri Bay, Limassol

**MOKAPOT Productions,**  
+357 26 220 713  
Archangelou Michael 20,  
Paphos 8500

**Mountain Bike Cyprus & Vélo-Cyprus,** +357 26 432  
033  
Andrea Neaphytou 11, Kouklia 8500

AGIOS LAZAROS CHURCH, LARNACA, CYPRUS



Photo: Markus Bassler







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